

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Active Pass	Blaine	23.4	3:21	Crossing Strait of Georgia
Active Pass	Coal Harbour, Vancouver	34.1	4:52	Crossing Strait of Georgia
Active Pass	Cowichan Bay	23.7	3:23	
Active Pass	Ganges	8.6	1:14	
Active Pass	Gibsons	33.9	4:51	Crossing Strait of Georgia
Active Pass	Horseshoe Bay	32.5	4:39	
Active Pass	Montague Harbour	5.4	0:46	
Active Pass	Otter Bay	6.2	0:53	
Active Pass	Point Roberts	13.0	1:51	Crossing Strait of Georgia
Active Pass	Port Browning, N Pender Is.	10.7	1:32	
Active Pass	Semiahmoo	23.7	3:23	Crossing Strait of Georgia
Active Pass	Steveston, Lulu Island	20.4	2:55	Crossing Strait of Georgia
Active Pass	Telegraph Harbour	19.3	2:45	
Active Pass	White Rock	22.5	3:13	Crossing Strait of Georgia
Alert Bay, Cormorant Is.	Cadboro Bay	214.3	30:37	Via Nanaimo
Alert Bay, Cormorant Is.	Echo Bay, Gilford Island	21.4	3:03	via Arrow Passage
Alert Bay, Cormorant Is.	Echo Bay, Gilford Island	21.5	3:04	via Retreat Passage
Alert Bay, Cormorant Is.	Ladysmith, Vancouver Island	176.8	25:15	via Campbell River
Alert Bay, Cormorant Is.	Lagoon Cove, E Cracroft Is.	25.7	3:40	via Baronet Passage
Alert Bay, Cormorant Is.	Minstrel Island	26.1	3:44	via Baronet Passage
Alert Bay, Cormorant Is.	Nanaimo	158.5	22:39	via Campbell River
Alert Bay, Cormorant Is.	Oak Bay, Victoria	211.6	30:14	via Campbell River
Alert Bay, Cormorant Is.	Port Hardy	25.4	3:38	via Haddington Passage
Alert Bay, Cormorant Is.	Port McNeill	6.1	0:52	
Alert Bay, Cormorant Is.	Port Neville	34.3	4:54	
Alert Bay, Cormorant Is.	Port Townsend	243.9	34:51	via Campbell River, Nanaimo, & Bedwell Harbour
Alert Bay, Cormorant Is.	Potts Lagoon	19.4	2:46	
Alert Bay, Cormorant Is.	Rivers Inlet, Dawson Landing	81.3	11:37	
Alert Bay, Cormorant Is.	Sointula	6.1	0:52	
Alert Bay, Cormorant Is.	Sullivan Bay	28.1	4:01	

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Alert Bay, Cormorant Is.	Tacoma	309.6	44:14	
Alert Bay, Cormorant Is.	Telegraph Cove	4.9	0:42	
Ballet Bay, Nelson Island	Beach Garden Marina	14.4	2:03	
Ballet Bay, Nelson Island	Blubber Bay, Texada Island	18.7	2:40	
Ballet Bay, Nelson Island	Copeland Islands	32.7	4:40	
Ballet Bay, Nelson Island	Cortes Bay, Cortes Is.	37.3	5:20	
Ballet Bay, Nelson Island	Deep Bay	42.2	6:02	via Sabine Channel
Ballet Bay, Nelson Island	Egmont	16.6	2:22	
Ballet Bay, Nelson Island	Harmony Islands	15.4	2:12	
Ballet Bay, Nelson Island	Nanaimo	39.3	5:37	via Ballenas Islands
Ballet Bay, Nelson Island	Pender Harbour	11.4	1:38	
Ballet Bay, Nelson Island	Prideaux Haven	43.8	6:15	
Ballet Bay, Nelson Island	Refuge Cove, W Redonda Is.	38.7	5:32	
Ballet Bay, Nelson Island	Secret Cove	17.5	2:30	
Ballet Bay, Nelson Island	Schooner Cove	27.8	3:58	
Ballet Bay, Nelson Island	Sidney	81.6	11:39	
Ballet Bay, Nelson Island	Squirrel Cove	40.4	5:46	
Ballet Bay, Nelson Island	Steveston, Lulu Island	59.1	8:27	
Ballet Bay, Nelson Island	Sturt Bay, Texada Island	18.7	2:40	
Ballet Bay, Nelson Island	Westview (Powell River)	16.8	2:24	
Beach Gardens Marina	Ballet Bay, Nelson Island	14.4	2:03	
Beach Gardens Marina	Blubber Bay	4.5	0:39	
Beach Gardens Marina	Comox	20.7	2:57	
Beach Gardens Marina	Deep Bay	31.1	4:27	via Algerine Passage
Beach Gardens Marina	Lund	14.9	2:08	
Beach Gardens Marina	Pender Harbour	21.9	3:08	to Hospital Bay
Beach Gardens Marina	Refuge Cove, W Redonda Is.	24.5	3:30	
Beach Gardens Marina	Secret Cove	27.6	3:57	
Beach Gardens Marina	Sturt Bay	3.0	0:26	
Beach Gardens Marina	Westview	2.5	0:21	

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Beaver Inlet	Blind Channel, W. Thurlow Is.	11.0	1:34	off Loughborough Inlet
Beaver Inlet	Forward Harbour	15.1	2:09	
Bedwell Harbour, S. Pender Is.	Anacortes, Fidalgo Island	31.7	4:32	via Pole Pass
Bedwell Harbour, S. Pender Is.	Bellingham	33.5	4:47	
Bedwell Harbour, S. Pender Is.	Birch Bay	22.8	3:15	
Bedwell Harbour, S. Pender Is.	Blaine	26.3	3:45	
Bedwell Harbour, S. Pender Is.	Blakely Is. Marina	20.0	2:51	
Bedwell Harbour, S. Pender Is.	Brentwood Bay	19.2	2:45	
Bedwell Harbour, S. Pender Is.	Butchart Gardens	19.6	2:48	
Bedwell Harbour, S. Pender Is.	Cadboro Bay	20.3	2:54	via Haro Strait
Bedwell Harbour, S. Pender Is.	Canoe Cove Marina	9.0	1:17	
Bedwell Harbour, S. Pender Is.	Clam Bay	24.1	3:27	Thetis/Kuper Is.
Bedwell Harbour, S. Pender Is.	Comox	91.3	13:03	via Nanaimo
Bedwell Harbour, S. Pender Is.	Conover Cove, Wallace Is.	18.6	2:39	
Bedwell Harbour, S. Pender Is.	Cornet Bay, Whidbey Is.	34.3	4:54	via Pole Pass
Bedwell Harbour, S. Pender Is.	Cowichan Bay	17.1	2:27	
Bedwell Harbour, S. Pender Is.	Deception Pass	32.5	4:39	via Pole Pass
Bedwell Harbour, S. Pender Is.	Deer Harbor, Orcas Is.	13.1	1:52	
Bedwell Harbour, S. Pender Is.	Dodd Narrows	34.4	4:55	
Bedwell Harbour, S. Pender Is.	Edmonds, WA	75.8	10:50	
Bedwell Harbour, S. Pender Is.	Elliott Bay Marina, Seattle	81.2	11:36	
Bedwell Harbour, S. Pender Is.	Everett	66.9	9:33	via Deception Pass
Bedwell Harbour, S. Pender Is.	Friday Harbor, San Juan Is.	15.9	2:16	
Bedwell Harbour, S. Pender Is.	Fulford Harbour, Saltspring Is.	10.4	1:29	
Bedwell Harbour, S. Pender Is.	Ganges, Saltspring Is.	13.8	1:58	
Bedwell Harbour, S. Pender Is.	Garrison Bay	11.9	1:42	
Bedwell Harbour, S. Pender Is.	Genoa Bay	16.9	2:25	via north of Portland Island
Bedwell Harbour, S. Pender Is.	La Conner, WA	41.0	5:51	via Wasp Passage
Bedwell Harbour, S. Pender Is.	Ladysmith	33.7	4:49	
Bedwell Harbour, S. Pender Is.	Long Harbour	12.8	1:50	Long Harbour on Saltspring Is.

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<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Bedwell Harbour, S. Pender Is.	Maple Bay	21.0	3:00	via Sansum Narrows
Bedwell Harbour, S. Pender Is.	Matia Island	16.1	2:18	crossing Boundary Pass
Bedwell Harbour, S. Pender Is.	Mill Bay	15.6	2:14	
Bedwell Harbour, S. Pender Is.	Montague Harbour	13.5	1:56	via Swanson Channel
Bedwell Harbour, S. Pender Is.	Montague Harbour	13.6	1:57	via Pender Canal
Bedwell Harbour, S. Pender Is.	Nanaimo	39.7	5:40	via Swanson Channel
Bedwell Harbour, S. Pender Is.	Nanaimo	40.3	5:45	via Pender Canal and Navy Channel
Bedwell Harbour, S. Pender Is.	Oak Bay, Vancouver Is.	20.7	2:57	via Haro Strait
Bedwell Harbour, S. Pender Is.	Oak Harbor, Whidbey Is.	51.6	7:22	via Deception Pass and Harney Channel
Bedwell Harbour, S. Pender Is.	Orcas, Orcas Island	15.4	2:12	
Bedwell Harbour, S. Pender Is.	Otter Bay, N Pender Is.	7.1	1:01	via Swanson Channel
Bedwell Harbour, S. Pender Is.	Otter Bay, N Pender Is.	10.3	1:28	via Pender Canal
Bedwell Harbour, S. Pender Is.	Point Defiance Launch Ramp	107.4	15:21	
Bedwell Harbour, S. Pender Is.	Point Roberts	20.6	2:57	
Bedwell Harbour, S. Pender Is.	Port Angeles	40.0	5:43	via Haro Strait
Bedwell Harbour, S. Pender Is.	Port Browning, N Pender Is.	2.6	0:22	via Pender Canal
Bedwell Harbour, S. Pender Is.	Port Browning, N Pender Is.	8.1	1:09	avoiding Pender Canal
Bedwell Harbour, S. Pender Is.	Port Townsend	45.7	6:32	
Bedwell Harbour, S. Pender Is.	Prevost Harbor, Stuart Is.	4.6	0:39	
Bedwell Harbour, S. Pender Is.	Princess Louisa Inlet	114.9	16:25	via Nanaimo & Egmont
Bedwell Harbour, S. Pender Is.	Reid Harbor, Stuart Is.	8.5	1:13	via South side Stuart Is.
Bedwell Harbour, S. Pender Is.	Reid Harbor, Stuart Is.	8.0	1:09	via North side Stuart Is.
Bedwell Harbour, S. Pender Is.	Roche Harbor, San Juan Is.	9.8	1:24	
Bedwell Harbour, S. Pender Is.	Rosario, Orcas Island	21.9	3:08	via Pole Pass
Bedwell Harbour, S. Pender Is.	Sandy Point, Whatcom Co.	21.9	3:08	
Bedwell Harbour, S. Pender Is.	Sequim	42.8	6:07	
Bedwell Harbour, S. Pender Is.	Shilshole Bay, Seattle	84.3	12:03	
Bedwell Harbour, S. Pender Is.	Sidney	9.2	1:19	
Bedwell Harbour, S. Pender Is.	Silva Bay, Gabriola Is.	37.2	5:19	
Bedwell Harbour, S. Pender Is.	Skyline Marina	28.0	4:00	

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Bedwell Harbour, S. Pender Is.	Sucia Is.	14.2	2:02	
Bedwell Harbour, S. Pender Is.	Swartz Bay	8.9	1:16	
Bedwell Harbour, S. Pender Is.	Telegraph Harbour, Thetis Is.	27.4	3:55	
Bedwell Harbour, S. Pender Is.	Tsehum Harbour	9.0	1:17	
Bedwell Harbour, S. Pender Is.	Tumbo Island	14.1	2:01	
Bedwell Harbour, S. Pender Is.	West Sound, Orcas Is.	16.1	2:18	
Bedwell Harbour, S. Pender Is.	Westview (Powell River)	91.7	13:06	via Nanaimo and avoiding WG
Bedwell Harbour, S. Pender Is.	West Sound, Orcas Is.	16.1	2:18	
Bedwell Harbour, S. Pender Is.	White Rock	25.0	3:34	via Boundary Pass
Bedwell Harbour, S. Pender Is.	Winter Cove	6.6	0:57	
Belleisle Sound	Echo Bay, Gilford Island	20.8	2:58	
Belleisle Sound	Kingcome Inlet	12.1	1:44	
Belleisle Sound	Shawl Bay	14.9	2:08	
Belleisle Sound	Simoom Sound	20.7	2:57	
Belleisle Sound	Sullivan Bay, N Broughton Is.	21.2	3:02	
Big Bay, Stuart Island	Blind Channel, W. Thurlow Is.	16.6	2:22	via Cordero Channel
Big Bay, Stuart Island	Bute Inlet	40.2	5:45	
Big Bay, Stuart Island	Cameleon Harbour	14.8	2:07	via Gillard Pass
Big Bay, Stuart Island	Cordero Lodge	13.7	1:57	
Big Bay, Stuart Island	Cortes Bay, Cortes Island	26.0	3:43	
Big Bay, Stuart Island	Dent Island Lodge	2.1	0:18	
Big Bay, Stuart Island	Forward Harbour	28.9	4:08	via Wellbore Channel
Big Bay, Stuart Island	Frederick Arm	9.8	1:24	
Big Bay, Stuart Island	Hemming Bay, E. Thurlow Is.	13.1	1:52	via Dent Rapids
Big Bay, Stuart Island	Heriot Bay	22.8	3:15	
Big Bay, Stuart Island	Lund	29.8	4:15	
Big Bay, Stuart Island	Octopus Is.	9.4	1:21	via Hole In The Wall
Big Bay, Stuart Island	Pender Harbour	66.5	9:30	
Big Bay, Stuart Island	Port Neville	42.7	6:06	
Big Bay, Stuart Island	Prideaux Haven	29.1	4:09	via Waddington Channel

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Big Bay, Stuart Island	Refuge Cove, W Redonda Is.	21.1	3:01	via Calm Channel
Big Bay, Stuart Island	Root Point, E Cracroft Is.	56.6	8:05	
Big Bay, Stuart Island	Shoal Bay, Cordero Channel	10.1	1:27	
Big Bay, Stuart Island	Sullivan Bay	92.5	13:13	via Wells Passage
Big Bay, Stuart Island	Toba Inlet	36.8	5:15	To end of inlet
Big Bay, Stuart Island	Toba Wilderrest	17.6	2:31	via Raza Pass
Big Bay, Stuart Island	Toba Wilderrest	18.9	2:42	via Deer Pass
Big Bay, Stuart Island	Walch Cove	19.7	2:49	
Blind Channel, W. Thurlow Is.	Cameleon Harbour	14.6	2:05	via Johnstone Strait
Blind Channel, W. Thurlow Is.	Cameleon Harbour	15.9	2:16	via Cordero Channel
Blind Channel, W. Thurlow Is.	Cordero Lodge	3.0	0:26	
Blind Channel, W. Thurlow Is.	Dent Island	15.4	2:12	
Blind Channel, W. Thurlow Is.	Beaver Inlet	11.0	1:34	off Loughborough Inlet
Blind Channel, W. Thurlow Is.	Big Bay, Stuart Island	16.6	2:22	via Cordero Channel
Blind Channel, W. Thurlow Is.	Campbell River	28.7	4:06	
Blind Channel, W. Thurlow Is.	Chatham Point	8.7	1:15	
Blind Channel, W. Thurlow Is.	Echo Bay, Gilford Is.	66.4	9:29	via Minstrel Is.
Blind Channel, W. Thurlow Is.	Elliott Bay Marina, Seattle	238.6	34:05	via Nanaimo
Blind Channel, W. Thurlow Is.	Forward Harbour	14.9	2:08	
Blind Channel, W. Thurlow Is.	Gillard Passage	15.8	2:15	
Blind Channel, W. Thurlow Is.	Heriot Bay	34.0	4:51	via Okisollo Channel
Blind Channel, W. Thurlow Is.	Heriot Bay	37.6	5:22	via Hole In The Wall
Blind Channel, W. Thurlow Is.	Kelsey Bay	18.8	2:41	via Mayne Passage
Blind Channel, W. Thurlow Is.	Kelsey Bay	19.7	2:49	via Chancellor Channel
Blind Channel, W. Thurlow Is.	Lagoon Cove, E Cracroft Is.	46.6	6:39	via Sunderland Channel
Blind Channel, W. Thurlow Is.	Lagoon Cove, E Cracroft Is.	45.0	6:26	via Johnstone Strait & Mayne Psg.
Blind Channel, W. Thurlow Is.	Loughborough Inlet	23.4	3:21	Frazer Bay end of inlet
Blind Channel, W. Thurlow Is.	Matilpi	39.4	5:38	via Johnstone Strait and Mayne Psg.
Blind Channel, W. Thurlow Is.	Minstrel Is.	44.1	6:18	via Mayne Passage & Johnstone Strait
Blind Channel, W. Thurlow Is.	Minstrel Is.	45.9	6:33	via Wellbore Channel

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Blind Channel, W. Thurlow Is.	Nanaimo	107.3	15:20	via Campbell River
Blind Channel, W. Thurlow Is.	Nanaimo	110.3	15:45	via Refuge Cove
Blind Channel, W. Thurlow Is.	Octopus Is.	20.7	2:57	via Johnstone Strait
Blind Channel, W. Thurlow Is.	Port McNeill	64.2	9:10	via Johnstone Strait
Blind Channel, W. Thurlow Is.	Port Neville	26.1	3:44	
Blind Channel, W. Thurlow Is.	Prideaux Haven	45.3	6:28	via Refuge Cove
Blind Channel, W. Thurlow Is.	Refuge Cove, W Redonda Is.	36.9	5:16	via Gillard Pass
Blind Channel, W. Thurlow Is.	Shoal Bay, Cordero Channel	6.7	0:57	
Blind Channel, W. Thurlow Is.	Squirrel Cove	36.6	5:14	via Gillard Pass
Blind Channel, W. Thurlow Is.	Sullivan Bay, N Broughton Is.	85.2	12:10	via Chatham Channel and Tribune Channel
Blind Channel, W. Thurlow Is.	Thurston Bay Marine Park	13.9	1:59	
Blind Channel, W. Thurlow Is.	Whirlpool Rapids	13.0	1:51	
Blubber Bay, Texada Island	Ballet Bay, Nelson Island	18.7	2:40	
Blubber Bay, Texada Island	Beach Gardens Marina	4.5	0:39	
Blubber Bay, Texada Island	Deep Bay	25.2	3:36	via Lambert Channel
Blubber Bay, Texada Island	Sturt Bay	4.7	0:40	
Bones Bay Lodge	Lagoon Cove, E Cracroft Is.	3.3	0:28	
Bones Bay Lodge	Minstrel Island	3.8	0:33	via The Blow Hole
Bones Bay Lodge	Telegraph Cove	19.2	2:45	
Brentwood Bay	Bedwell Harbour, S. Pender Is.	19.2	2:45	
Brentwood Bay	Bellingham	52.3	7:28	via Sucia Island
Brentwood Bay	Cadboro Bay, Victoria	29.9	4:16	
Brentwood Bay	Canoe Cove Marina	11.7	1:40	
Brentwood Bay	Chemainus	25.3	3:37	via Sansum Narrows
Brentwood Bay	Cowichan Bay	12.5	1:47	
Brentwood Bay	Dodd Narrows	37.6	5:22	via Sansum Narrows
Brentwood Bay	Friday Harbor	30.4	4:21	
Brentwood Bay	Genoa Bay	12.5	1:47	
Brentwood Bay	Ladysmith	31.5	4:30	via Sansum Narrows
Brentwood Bay	Malibu Rapids	117.9	16:51	via Nanaimo and Egmont

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Brentwood Bay	Maple Bay	16.6	2:22	via Sansum Narrows
Brentwood Bay	Montague Harbour	23.1	3:18	via Captain Passage
Brentwood Bay	Oak Bay	31.2	4:27	
Brentwood Bay	Orcas, Orcas Island	34.6	4:57	via Bedwell Harbour
Brentwood Bay	Roche Harbor, San Juan Is.	23.1	3:18	
Brentwood Bay	Sidney	13.5	1:56	via Iroquois Passage
Brentwood Bay	Sucia Island	32.4	4:38	
Brentwood Bay	Telegraph Harbour	26.3	3:45	via Sansum Narrows
Brentwood Bay	Tsehum Harbour	12.9	1:51	
Broken Islands	Forward Harbour	21.7	3:06	
Broken Islands	Port Neville	8.9	1:16	
Broken Islands	Root Point	6.2	0:53	
Butchart Gardens, Tod Inlet	Bedwell Harbour, S. Pender Is.	19.6	2:48	
Butchart Gardens, Tod Inlet	Edmonds, WA	96.0	13:43	via Bedwell harbour
Butchart Gardens, Tod Inlet	Otter Bay, N Pender Is.	17.2	2:27	
Butchart Gardens, Tod Inlet	Sidney	13.7	1:57	
Butchart Gardens, Tod Inlet	Swartz Bay	11.4	1:38	
Bute Inlet	Big Bay, Stuart Island	40.2	5:45	
Cadboro Bay, Victoria	Alert Bay, Cormorant Is.	214.3	30:37	via Nanaimo
Cadboro Bay, Victoria	Bedwell Harbour, S. Pender Is.	20.3	2:54	via Haro Strait
Cadboro Bay, Victoria	Blaine	44.1	6:18	via Boundary Pass
Cadboro Bay, Victoria	Blind Channel	163.2	23:19	via Nanaimo and Campbell River
Cadboro Bay, Victoria	Brentwood Bay	29.9	4:16	
Cadboro Bay, Victoria	Chemainus	43.2	6:10	via Houstoun Passage
Cadboro Bay, Victoria	Conover Cove	35.5	5:04	via Haro Strait
Cadboro Bay, Victoria	Cowichan Bay	26.8	3:50	via Iroquois Passage
Cadboro Bay, Victoria	Deception Pass	27.1	3:52	
Cadboro Bay, Victoria	Dodd Narrows	50.6	7:14	
Cadboro Bay, Victoria	Egmont	100.6	14:22	via Nanaimo
Cadboro Bay, Victoria	Friday Harbor	21.2	3:02	via Cattle Point

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Cadboro Bay, Victoria	Fulford Harbour	23.1	3:18	via Sidney Channel
Cadboro Bay, Victoria	Gabriola Passage	48.1	6:52	
Cadboro Bay, Victoria	Ganges, Saltspring Is.	30.8	4:24	via Haro Strait
Cadboro Bay, Victoria	Genoa Bay	26.8	3:50	via Iroquios Passage
Cadboro Bay, Victoria	Ladysmith	49.3	7:03	via Houstoun Passage
Cadboro Bay, Victoria	Lyall Harbour, Saturna Island	25.1	3:35	
Cadboro Bay, Victoria	Montague Harbour	30.2	4:19	
Cadboro Bay, Victoria	Nanaimo	55.9	7:59	via Dodd Narrows
Cadboro Bay, Victoria	Otter Bay, N Pender Is.	24.3	3:28	via Haro Strait
Cadboro Bay, Victoria	Point Roberts	38.4	5:29	via Boundary Pass
Cadboro Bay, Victoria	Porlier Pass	39.5	5:39	
Cadboro Bay, Victoria	Princess Louisa Inlet	135.7	19:23	via Nanaimo and Egmont
Cadboro Bay, Victoria	Refuge Cove, W Redonda Is.	129.3	18:28	via Nanaimo
Cadboro Bay, Victoria	Roche Harbor, San Juan Is.	13.1	1:52	via Mosquito Pass
Cadboro Bay, Victoria	Sidney	15.0	2:09	
Cadboro Bay, Victoria	Victoria Inner Harbour	9.2	1:19	via Mayor Channel
Cameleon Harbour	Big Bay	14.8	2:07	via Gillard Pass
Cameleon Harbour	Blind Channel	14.6	2:05	via Johnstone Strait
Cameleon Harbour	Blind Channel	15.9	2:16	via Cordero Channel
Cameleon Harbour	Campbell River	25.2	3:36	via Seymour Narrows
Cameleon Harbour	Octopus Islands	16.8	2:24	via Okisollo Channel
Campbell River	Anacortes	149.8	21:24	via Bedwell Harbour and Nanaimo
Campbell River	Bellingham	151.5	21:39	via Bedwell Harbour and Nanaimo
Campbell River	Blaine	120.1	17:09	via Strait of Georgia and Sabine Channel avoiding WG
Campbell River	Blind Channel, W. Thurlow Is.	28.7	4:06	
Campbell River	Cameleon Harbour	25.2	3:36	via Seymour Narrows
Campbell River	Chatham Point	19.9	2:51	via Seymour Narrows
Campbell River	Comox	31.4	4:29	
Campbell River	Copeland Islands	18.4	2:38	
Campbell River	Cortes Bay	16.9	2:25	

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Campbell River	Deep Bay	43.0	6:09	
Campbell River	Echo Bay, Gilford Island	88.0	12:34	via Johnstone Strait and Spring Passage
Campbell River	Edmonds	194.7	27:49	via Bedwell Harbour and Nanaimo
Campbell River	Everett	187.0	26:43	via Bedwell Harbour and Nanaimo
Campbell River	False Bay, Lasqueti Is.	48.6	6:57	
Campbell River	False Creek	99.7	14:15	
Campbell River	French Creek	55.9	7:59	via Lambert Channel
Campbell River	Friday Harbor, San Juan Is.	135.8	19:24	via Nanaimo and Bedwell Harbour
Campbell River	Ganges, Saltspring Is.	111.1	15:52	via Nanaimo
Campbell River	Gorge Harbour, Cortes Is.	15.0	2:09	
Campbell River	Hemming Bay, E. Thurlow Is.	24.3	3:28	via Discovery Passage
Campbell River	Kelsey Bay	40.9	5:51	
Campbell River	Lund	20.7	2:57	via Baker Passage
Campbell River	Nanaimo	77.7	11:06	
Campbell River	Octopus Islands	24.7	3:32	
Campbell River	Olympia	238.6	34:05	via Nanaimo
Campbell River	Pender Harbour	54.9	7:51	via Algerine Passage
Campbell River	Pendrell Sound	33.8	4:50	via Baker Passage
Campbell River	Point Roberts	108.0	15:26	via Sabine Passage
Campbell River	Port Angeles	158.0	22:34	via Nanaimo & Bedwell Harbour
Campbell River	Port Hardy	106.0	15:09	
Campbell River	Port McNeill	86.5	12:21	
Campbell River	Port Neville	48.0	6:51	
Campbell River	Port Townsend	172.1	24:35	via Comox
Campbell River	Prideaux Haven	26.4	3:46	
Campbell River	Prince Rupert	391.4	55:55	via Port Hardy & Shearwater
Campbell River	Refuge Cove, W Redonda Is.	20.8	2:58	
Campbell River	Roche Harbor, San Juan Is.	124.6	17:48	via Bedwell Harbour and Nanaimo
Campbell River	Roscoe Bay, W. Redonda Island	26.1	3:44	
Campbell River	Savary Island	20.8	2:58	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Campbell River	Seattle	193.8	27:41	via Nanaimo and Bedwell Harbour
Campbell River	Sidney	120.7	17:15	via Nanaimo
Campbell River	Sointula, Malcolm Is.	85.7	12:15	
Campbell River	Squamish, Howe Sound	107.1	15:18	
Campbell River	Steveston, Lulu Island	104.8	14:58	
Campbell River	Surge Narrows, Read Island	22.1	3:09	
Campbell River	Telegraph Cove	76.8	10:58	
Campbell River	Toba Inlet	52.6	7:31	via Deer Pass
Campbell River	Toba Inlet	56.1	8:01	via Waddington Channel
Campbell River	Toba Wilderrest	33.1	4:44	via Deer Pass
Campbell River	Toba Wilderrest	36.6	5:14	via Waddington Channel
Campbell River	Vancouver	97.9	13:59	via Sabine Channel
Campbell River	Walsh Cove, Waddington Channel	33.2	4:45	via Baker Passage
Campbell River	Westview.	31.2	4:27	
Campbell River	Whaletown, Cortes Is.	15.0	2:09	
Campbell River	Wollochet Bay	232.2	33:10	via Nanaimo & Deception Pass
Canoe Cove Marina	Bedwell Harbour, S. Pender Is.	9.0	1:17	
Canoe Cove Marina	Brentwood Bay	11.7	1:40	
Canoe Cove Marina	Maple Bay Marina	14.1	2:01	via Sansum Narrows
Canoe Cove Marina	Portland Island	3.1	0:27	Princess Margaret Marine Park
Canoe Cove Marina	Victoria Inner Harbour	24.5	3:30	via Iroquois Pass
Cape Caution	Olympia	402.2	57:27	via Nanaimo
Cape Caution	Port Hardy	31.5	4:30	
Cape Cockburn	Grief Point	15.0	2:09	
Cape Cockburn	Nanaimo	35.0	5:00	avoiding WG
Cape Cockburn	Sarah Point	35.0	5:00	via Thulin Passage
Chatham Point	Blind Channel	8.7	1:15	
Chatham Point	Campbell River	19.9	2:51	via Seymour Narrows
Chatham Point	Havannah Channel	36.6	5:14	
Chatham Point	Echo Bay, Gilford Island	75.3	10:45	via Tribune Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Chatham Point	Forward Harbour	21.9	3:08	
Chatham Point	Lagoon Cove, E Cracroft Is.	47.5	6:47	via Chatham Channel
Chatham Point	Port Neville	27.8	3:58	
Chatham Point	Shoal Bay	10.8	1:33	via Nodales Channel
Chatterbox Falls	Lund	70.5	10:04	
Chatterbox Falls	Malibu Rapids	4.3	0:37	
Chatterbox Falls	Minstrel Island	167.9	23:59	
Chatterbox Falls	Nanaimo	78.7	11:15	via Pender Harbour
Chatterbox Falls	Pender Harbour	44.9	6:25	
Chatterbox Falls	Seattle	193.2	27:36	via Admiralty Inlet, Bedwell Harbour, Nanaimo, and
Chatterbox Falls	Vancouver	92.3	13:11	via Pender Harbour
Chatterbox Falls	Victoria, Vancouver Is.	143.3	20:28	via Nanaimo & Pender Harbour
Chemainus	Brentwood Bay	25.3	3:37	via Sansum Narrows
Chemainus	Cadboro Bay, Victoria	43.2	6:10	via Houstoun Passage
Chemainus	Conover Cove, Wallace Is.	8.3	1:11	
Chemainus	Cowichan Bay	16.2	2:19	
Chemainus	Crofton	6.1	0:52	
Chemainus	Dodd Narrows	13.6	1:57	
Chemainus	Genoa Bay	16.6	2:22	
Chemainus	Ladysmith	6.8	0:58	
Chemainus	Lyall Harbour	24.3	3:28	
Chemainus	Maple Bay Marina	10.8	1:33	
Chemainus	Montague Harbour	14.9	2:08	via Houstoun Passage
Chemainus	Pirates Cove	11.4	1:38	via Ruxton Passage
Chemainus	Shilshole Bay, Seattle	111.3	15:54	via Bedwell Harbour
Chemainus	Silva Bay, Gabriola Is.	15.0	2:09	via Gabriola Passage
Chemainus	Telegraph Harbour, Thetis Is.	3.8	0:33	Thetis Is. Marina
Chemainus	Tsehum Harbour	23.1	3:18	
Chemainus	Winter Cove, Saturna Is.	24.4	3:29	via Houstoun Passage
Clam Bay	Bedwell Harbour, S. Pender Is.	24.1	3:27	Thetis/Kuper Is.

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
From	To	Nautical Miles	Hr:Min	Remarks
Clam Bay	Conover Cove	5.4	0:46	
Clam Bay	Gabriola Passage	10.1	1:27	
Clam Bay	Lyall Harbour	21.5	3:04	
Clam Bay	Maple Bay	12.4	1:46	
Clam Bay	Montague Harbour	11.6	1:39	
Clam Bay	Nanaimo	17.2	2:27	
Clam Bay	Porlier Pass	3.0	0:26	
Clam Bay	Sidney	25.5	3:39	via Sansum Narrows
Clam Bay	Sidney	25.9	3:42	via Trincomali Channel
Clam Bay	Telegraph Harbour	8.9	1:16	via S. of Kuper Island
Clam Bay	Telegraph Harbour	9.6	1:22	via N. of Thetis Island
Comox	Beach Gardens Marina	20.7	2:57	
Comox	Bedwell Harbour	91.3	13:03	via Nanaimo
Comox	Blaine	99.3	14:11	via Baynes Sound
Comox	Campbell River	31.4	4:29	
Comox	Copeland Islands	28.2	4:02	via Shearwater Passage
Comox	Copeland Islands	31.3	4:28	via Baker Passage
Comox	Deep Bay	15.0	2:09	via Baynes Sound
Comox	Echo Bay	121.0	17:17	via Campbell River
Comox	Egmont	46.1	6:35	
Comox	False Bay (Lasqueti Is.)	25.5	3:39	
Comox	False Bay (Lasqueti Is.)	29.2	4:10	via Baynes Sound
Comox	False Creek	78.6	11:14	Crossing Strait of Georgia
Comox	Gorge Harbour, Cortes Is.	32.3	4:37	
Comox	Heriot Bay	36.0	5:09	
Comox	Ford Cove, Hornby Island	15.9	2:16	via Comox Bar
Comox	Ford Cove, Hornby Island	18.0	2:34	via Bynes Sound
Comox	Ganges, Saltspring Is.	86.6	12:22	via Baynes Sound
Comox	Gibsons	64.3	9:11	via Baynes Sound
Comox	Gorge Harbour	32.3	4:37	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Comox	Jedediah Island	31.0	4:26	via Comox Bar
Comox	Lund	25.0	3:34	via Shearwater Passage
Comox	Nanaimo	51.6	7:22	
Comox	Nanoose Harbour	45.2	6:27	
Comox	Northwest Bay	37.8	5:24	
Comox	Oak Bay, Victoria	111.2	15:53	via Nanaimo
Comox	Octopus Is.	45.9	6:33	
Comox	Pender Harbour	42.7	6:06	via N tip Texada Island
Comox	Pender Harbour	44.7	6:23	via S tip Texada Island
Comox	Point Roberts	87.4	12:29	via Baynes Sound and avoiding WG
Comox	Refuge Cove, W Redonda Is.	34.8	4:58	via Shearwater Passage
Comox	Refuge Cove, W Redonda Is.	34.5	4:56	via Baker Passage
Comox	Roche Harbor, San Juan Is.	101.1	14:27	via Bedwell Harbour, S. Pender Is.
Comox	Savary Island	24.4	3:29	via Shearwater Passage
Comox	Schooner Cove	41.1	5:52	
Comox	Secret Cove	47.3	6:45	via Baynes Sound & Sabine Channel
Comox	Silva Bay, Gabriola Is.	60.0	8:34	via Baynes Sound
Comox	Squirrel Cove, Cortes Is.	36.0	5:09	via Baker Passage
Comox	Steveston, Lulu Island	80.2	11:27	via Baynes Sound
Comox	Tribune Bay	21.5	3:04	via Baynes Sound
Comox	Vancouver	77.0	11:00	via Sabine Channel
Comox	Westview	21.4	3:03	
Conover Cove, Wallace Is.	Anacortes, Fidalgo Is.	50.3	7:11	
Conover Cove, Wallace Is.	Bedwell Harbour, S. Pender Is.	18.6	2:39	
Conover Cove, Wallace Is.	Cadboro Bay, Victoria	35.5	5:04	
Conover Cove, Wallace Is.	Chemainus	8.3	1:11	
Conover Cove, Wallace Is.	Clam Bay	5.4	0:46	
Conover Cove, Wallace Is.	Cowichan Bay	17.2	2:27	
Conover Cove, Wallace Is.	Crofton	7.4	1:03	
Conover Cove, Wallace Is.	Dodd Narrows	16.4	2:21	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Conover Cove, Wallace Is.	Friday Harbor, San Juan Is.	32.9	4:42	via Swanson Channel
Conover Cove, Wallace Is.	Fulford Harbour	17.3	2:28	via Captain Passage
Conover Cove, Wallace Is.	Ganges, Saltspring Is.	11.5	1:39	
Conover Cove, Wallace Is.	Ladysmith	14.2	2:02	
Conover Cove, Wallace Is.	Maple Bay	12.0	1:43	
Conover Cove, Wallace Is.	Montague Harbour	6.8	0:58	
Conover Cove, Wallace Is.	Nanaimo	21.9	3:08	
Conover Cove, Wallace Is.	Otter Bay Marina	13.5	1:56	
Conover Cove, Wallace Is.	Roche Harbor, San Juan Is.	25.8	3:41	
Conover Cove, Wallace Is.	Porlier Pass	6.6	0:57	
Conover Cove, Wallace Is.	Port Browning, N Pender Is.	17.9	2:33	via Navy Channel
Conover Cove, Wallace Is.	Sidney	21.1	3:01	via Captain Passage
Conover Cove, Wallace Is.	Silva Bay, Gabriola Is.	17.2	2:27	
Conover Cove, Wallace Is.	Telegraph Harbour, Thetis Is.	8.6	1:14	
Conover Cove, Wallace Is.	Tsehum Harbour	20.3	2:54	
Copeland Islands	Ballet Bay, Nelson Island	32.7	4:40	
Copeland Islands	Campbell River	18.4	2:38	via Baker Passage
Copeland Islands	Comox	28.2	4:02	via Shearwater Passage
Copeland Islands	Comox	31.3	4:28	via Baker Passage
Copeland Islands	Cortes Bay, Cortes Is.	4.6	0:39	
Copeland Islands	Deep Bay	38.1	5:27	via Shearwater Passage
Copeland Islands	French Creek	44.4	6:21	via Shearwater Passage
Copeland Islands	Hornby Island	33.1	4:44	via Shearwater Passage
Copeland Islands	Lund	2.8	0:24	
Copeland Islands	Pender Harbour	39.9	5:42	
Copeland Islands	Prideaux Haven	12.1	1:44	
Copeland Islands	Refuge Cove, W Redonda Is.	6.8	0:58	
Copeland Islands	Roscoe Bay	11.5	1:39	
Copeland Islands	Savary Island	4.2	0:36	via Thulin Passage
Copeland Islands	Secret Cove	44.9	6:25	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Copeland Islands	Walsh Cove	18.1	2:35	
Copeland Islands	Westview	15.3	2:11	
Cordero Lodge	Big Bay, Stuart Island	13.8	1:58	
Cordero Lodge	Blind Channel, W. Thurlow Is.	3.0	0:26	
Cordero Lodge	Forward Harbour	15.3	2:11	To Douglas Bay
Cordero Lodge	Kelsey Bay	20.2	2:53	via Chancellor Channel
Cordero Lodge	Octopus Islands	23.4	3:21	via Mayne Passage
Cordero Lodge	Port Neville	27.3	3:54	via Wellbore Channel
Cordero Lodge	Refuge Cove	34.5	4:56	via Gillard Pass
Cordero Lodge	Shoal Bay (Thurlow)	3.9	0:33	
Cordero Lodge	Toba Wilderrest	30.6	4:22	via Gillard Pass
Cortes Bay, Cortes Is.	Ballet Bay, Nelson Island	37.3	5:20	
Cortes Bay, Cortes Is.	Big Bay, Stuart Island	26.0	3:43	
Cortes Bay, Cortes Is.	Campbell River	16.9	2:25	
Cortes Bay, Cortes Is.	Copeland Islands	4.6	0:39	
Cortes Bay, Cortes Is.	Deep Bay	41.1	5:52	via Baker Passage
Cortes Bay, Cortes Is.	Gorge Harbour, Cortes Is.	12.1	1:44	
Cortes Bay, Cortes Is.	Grace Harbour	8.6	1:14	
Cortes Bay, Cortes Is.	Heriot Bay	16.5	2:21	
Cortes Bay, Cortes Is.	Lund	8.6	1:14	
Cortes Bay, Cortes Is.	Nanaimo	71.9	10:16	
Cortes Bay, Cortes Is.	Pender Harbour	45.2	6:27	
Cortes Bay, Cortes Is.	Prideaux Haven	11.8	1:41	
Cortes Bay, Cortes Is.	Refuge Cove, W Redonda Is.	6.4	0:55	
Cortes Bay, Cortes Is.	Sarah Point	3.5	0:30	
Cortes Bay, Cortes Is.	Savary Island	9.4	1:21	
Cortes Bay, Cortes Is.	Squirrel Cove	7.8	1:07	
Cortes Bay, Cortes Is.	Toba Wilderrest	21.8	3:07	via Waddington Channel
Cortes Bay, Cortes Is.	Westview	21.1	3:01	
Cowichan Bay	Active Pass	19.1	2:44	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Cowichan Bay	Bedwell Harbour	17.1	2:27	
Cowichan Bay	Brentwood Bay	12.5	1:47	
Cowichan Bay	Cadboro Bay, Victoria	26.8	3:50	via Iroquois Passage
Cowichan Bay	Chemainus	16.2	2:19	
Cowichan Bay	Conover Cove	17.2	2:27	via Sansum Narrows
Cowichan Bay	Crofton	11.1	1:35	via Sansum Narrows
Cowichan Bay	Dodd Narrows	28.4	4:03	via Sansum Narrows
Cowichan Bay	Fulford Harbour	11.0	1:34	
Cowichan Bay	Ganges, Saltspring Is.	19.4	2:46	
Cowichan Bay	Heriot Bay	121.6	17:22	via Nanaimo and Comox
Cowichan Bay	Ladysmith	22.4	3:12	via Sansum Narrows
Cowichan Bay	Lyall Harbour	23.7	3:23	
Cowichan Bay	Maple Bay Marina	7.9	1:08	
Cowichan Bay	Mill Bay	8.0	1:09	
Cowichan Bay	Montague Harbour	20.9	2:59	via Satellite Channe
Cowichan Bay	Nanaimo	34.0	4:51	
Cowichan Bay	Otter Bay Marina	15.0	2:09	
Cowichan Bay	Porlier Pass	18.9	2:42	via Sansum Narrows
Cowichan Bay	Sidney	11.9	1:42	
Cowichan Bay	Tacoma, WA	116.1	16:35	via Bedwell Harbour & Port Townsend
Cowichan Bay	Tacoma, WA	123.9	17:42	via Bedwell Harbour & Deception Pass
Cowichan Bay	Telegraph Harbour	17.4	2:29	via Sansum Narrows
Cowichan Bay	Tsehum Harbour	11.0	1:34	
Craycroft Inlet	Lagoon Cove, E Cracroft Is.	2.4	0:21	
Craycroft Inlet	Minstrel Is.	2.8	0:24	
Crescent Beach Marina	False Creek, Vancouver	42.2	6:02	
Crescent Beach	Hornby Island, Ford Cove	82.4	11:46	avoiding WG
Crescent Beach	Point Roberts	11.9	1:42	
Crofton	Chemainus	6.1	0:52	
Crofton	Conover Cove	7.4	1:03	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Crofton	Cowichan Bay	11.1	1:35	via Sansum Narrows
Crofton	Dodd Narrows	18.4	2:38	
Crofton	Ganges	18.9	2:42	via Houstoun Passage
Crofton	Ladysmith	12.3	1:45	
Crofton	Maple Bay Marina	5.7	0:49	
Crofton	Mill Bay	15.6	2:14	
Crofton	Montague Harbour	14.2	2:02	
Crofton	Porlier Pass	9.5	1:21	
Crofton	Sansum Narrows	6.7	0:57	
Crofton	Telegraph Harbour	7.3	1:03	
Crofton	Vesuvius, Saltspring Island	2.7	0:23	
Cutter Cove	Root Point, E Cracroft Is.	5.0	0:43	
Dawsons Landing	Port Hardy	61.5	8:47	
Dawsons Landing	Sullivan Bay, N Broughton Is.	74.9	10:42	
Deep Bay	Ballet Bay	42.2	6:02	via Sabine Channel
Deep Bay	Beach Gardens Marina	31.1	4:27	via Algerine Passage
Deep Bay	Blubber Bay	25.2	3:36	via Lambert Channel
Deep Bay	Campbell River	43.0	6:09	
Deep Bay	Comox	15.0	2:09	
Deep Bay	Copeland Islands	38.1	5:27	via Shearwater Passage
Deep Bay	Cortes Bay, Cortes Is.	41.1	5:52	via Baker Passage
Deep Bay	Egmont	48.2	6:53	
Deep Bay	False Bay, Lasqueti Is.	15.9	2:16	
Deep Bay	Fanny Bay	5.0	0:43	
Deep Bay	French Creek	18.2	2:36	
Deep Bay	Lund	35.7	5:06	via Baynes Sound
Deep Bay	Malibu Rapids	77.2	11:02	via Agamemnon Channel
Deep Bay	Nanaimo	40.0	5:43	
Deep Bay	Northwest Bay	24.3	3:28	
Deep Bay	Pender Harbour	37.3	5:20	via Sabine Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Deep Bay	Refuge Cove	45.1	6:27	via Baynes Sound
Deep Bay	Savary Island	34.8	4:58	via Shearwater Passage
Deep Bay	Schooner Cove	28.0	4:00	
Deep Bay	Secret Cove	33.4	4:46	via Sabine Channel
Deep Bay	Sidney	82.3	11:45	via Nanaimo
Deep Bay	Tribune Bay, Hornby Island	8.3	1:11	
Deep Bay	Westview (Powell River)	29.2	4:10	via Algerine Passage
Denman Island	Nanaimo	44.1	6:18	
Dent Island Lodge	Big Bay, Stuart Island	2.1	0:18	
Dent Island Lodge	Blind Channel	15.4	2:12	via Cordero Channel
Dent Island Lodge	Echo Bay, Gilford Island	82.3	11:45	via Blind Channel and Havannah Channel
Dent Island Lodge	Refuge Cove	22.5	3:13	via Gillard Passage
Desolation Sound	Anacortes, Fidalgo Island	140.8	20:07	from Sarah Pt. via Nanaimo
Desolation Sound	Bellingham	143.7	20:32	via Nanaimo and Bedwell Harbour
Desolation Sound	Blaine	109.9	15:42	
Desolation Sound	Bremerton	128.1	18:18	via Deception Pass, Bedwell Harbour, & Nanaimo
Desolation Sound	Campbell River	18.5	2:39	via Baker Passage
Desolation Sound	Des Moines Marina	211.0	30:09	via Nanaimo and Deception Pass
Desolation Sound	Edmonds	185.9	26:33	via Bedwell Harbour and Nanaimo
Desolation Sound	Everett	178.7	25:32	via Nanaimo and Bedwell Harbour
Desolation Sound	Gibsons	69.9	9:59	
Desolation Sound	La Conner	149.6	21:22	via Nanaimo and Bedwell Harbour, from Sarah Point
Desolation Sound	Ladysmith	87.4	12:29	via Ballenas Is. Avoiding Whiskey Golf
Desolation Sound	Nanaimo	69.4	9:55	From Sarah Point, avoiding WG
Desolation Sound	Olympia	230.9	32:59	From Sarah Point, avoiding WG
Desolation Sound	Point Atkinson	78.7	11:15	via Welcome Passage
Desolation Sound	Point Defiance	218.8	31:15	and Tacoma Yacht Club
Desolation Sound	Point Roberts	108.2	15:27	via Nanaimo
Desolation Sound	Port Ludlow	164.4	23:29	From Sarah Point via Malaspina Strait and Nanaimo
Desolation Sound	Port Townsend	155.3	22:11	via Nanaimo & Bedwell Harbour

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Desolation Sound	Roche Harbor	116.3	16:37	via Nanaimo and Bedwell Harbour
Desolation Sound	Seattle	194.7	27:49	via Nanaimo and Bedwell Harbour
Desolation Sound	Sidney	111.4	15:55	avoiding WG
Desolation Sound	Tacoma Thea Foss	221.5	31:39	via Edmonds
Desolation Sound	Vancouver	86.0	12:17	via Malaspina Strait
Desolation Sound	Victoria	135.7	19:23	via Nanaimo
Dodd Narrows	Bedwell Harbour, S. Pender Is.	34.4	4:55	
Dodd Narrows	Brentwood Bay	37.6	5:22	via Sansum Narrows
Dodd Narrows	Cadboro Bay, Victoria	50.6	7:14	
Dodd Narrows	Conover Cove, Wallace Is.	16.4	2:21	Wallace Island
Dodd Narrows	Chemainus	13.6	1:57	
Dodd Narrows	Cowichan Bay	28.4	4:03	via Sansum Narrows
Dodd Narrows	Crofton	18.4	2:38	
Dodd Narrows	Friday Harbor, San Juan Is.	49.1	7:01	
Dodd Narrows	Ganges, Saltspring Is.	27.9	3:59	
Dodd Narrows	Genoa Bay	28.3	4:03	
Dodd Narrows	Ladysmith	13.2	1:53	
Dodd Narrows	Lyall Harbour	32.2	4:36	
Dodd Narrows	Maple Bay	23.4	3:21	
Dodd Narrows	Mill Bay	33.2	4:45	via sansum Narrows
Dodd Narrows	Nanaimo	5.3	0:45	
Dodd Narrows	Montague Harbour	22.6	3:14	
Dodd Narrows	Oak Bay, Victoria	52.5	7:30	
Dodd Narrows	Otter Bay, N Pender Is.	29.0	4:09	
Dodd Narrows	Pirates Cove	6.2	0:53	via Ruxton Passage
Dodd Narrows	Port Browning, N Pender Is.	33.8	4:50	
Dodd Narrows	Sansum Narrows	24.0	3:26	
Dodd Narrows	Schooner Cove	16.1	2:18	
Dodd Narrows	Sidney	37.9	5:25	
Dodd Narrows	Telegraph Harbour, Thetis Is.	13.3	1:54	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Dodd Narrows	Tsehum Harbour	36.8	5:15	
Dodd Narrows	Victoria	60.9	8:42	via Trincomali Channel
Earls Cove	Nanaimo	41.0	5:51	
Earls Cove	Shilshole Bay, Seattle	165.2	23:36	via Nanaimo
Echo Bay, Gilford Island	Alert Bay, Cormorant Is.	21.4	3:03	via Arrow Passage
Echo Bay, Gilford Island	Alert Bay, Cormorant Is.	21.5	3:04	via Retreat Passage
Echo Bay, Gilford Island	Belleisle Sound	20.8	2:58	
Echo Bay, Gilford Island	Blind Channel, W. Thurlow Is.	66.4	9:29	via Minstrel Is.
Echo Bay, Gilford Island	Campbell River, Vancouver Is.	88.0	12:34	via Spring Passage and Johnstone Strait
Echo Bay, Gilford Island	Chatham Point	75.3	10:45	via Tribune Channel
Echo Bay, Gilford Island	Comox, Vancouver Is.	121.0	17:17	via Campbell River
Echo Bay, Gilford Island	Dent Island Lodge	82.3	11:45	via Havannah Channel and Blind Channel
Echo Bay, Gilford Island	Eden Island	7.3	1:03	via Blunden Passage
Echo Bay, Gilford Island	Egmont	153.8	21:58	via Refuge Cove
Echo Bay, Gilford Island	Forward Harbour	54.9	7:51	
Echo Bay, Gilford Island	Greenway Sound	14.2	2:02	
Echo Bay, Gilford Island	Kingcome Inlet	24.5	3:30	
Echo Bay, Gilford Island	Kwatsi Bay	13.1	1:52	
Echo Bay, Gilford Island	Lagoon Cove, E Cracroft Is.	22.0	3:09	via Retreat Passage
Echo Bay, Gilford Island	Lagoon Cove, E Cracroft Is.	25.0	3:34	via Beware and Clio Channels
Echo Bay, Gilford Island	Laura Bay	5.5	0:47	
Echo Bay, Gilford Island	Matilpi	27.7	3:57	via Spring Passage
Echo Bay, Gilford Island	Minstrel Is.	21.9	3:08	via Spring Passage
Echo Bay, Gilford Island	Nanaimo	165.9	23:42	via Havannah Channel & Campbell River
Echo Bay, Gilford Island	Port Harvey	33.2	4:45	via Retreat Passage
Echo Bay, Gilford Island	Port McNeill	26.3	3:45	
Echo Bay, Gilford Island	Potts Lagoon, W Cracroft Is.	20.4	2:55	
Echo Bay, Gilford Island	Refuge Cove	103.8	14:50	via Blind Channel and Havannah Channel
Echo Bay, Gilford Island	Shawl Bay	8.1	1:09	
Echo Bay, Gilford Island	Simoom Sound	8.1	1:09	to McIntosh Bay

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Echo Bay, Gilford Island	Sullivan Bay, N Broughton Is.	16.5	2:21	
Echo Bay, Gilford Island	Telegraph Cove, Vancouver Is.	19.8	2:50	
Echo Bay, Gilford Island	Waddington Bay	5.5	0:47	On Bonwick Is.
Eden Island	Echo Bay, Gilford Island	7.3	1:03	via Blunden Passage
Eden Island	Greenway Sound	17.9	2:33	via Indian Passage
Eden Island	Minstrel Is.	34.3	4:54	via Tribune Channel
Eden Island	Sullivan Bay, N Broughton Is.	20.1	2:52	
Eden Island	Waddington Bay	4.6	0:39	on Bonwick Is.
Egmont, Skookumchuck Narrows	Anacortes	116.6	16:39	via Nanaimo
Egmont, Skookumchuck Narrows	Ballet Bay, Nelson Island	16.6	2:22	
Egmont, Skookumchuck Narrows	Cadboro Bay, Victoria	100.6	14:22	via Nanaimo
Egmont, Skookumchuck Narrows	Comox	46.1	6:35	
Egmont, Skookumchuck Narrows	Deep Bay	48.2	6:53	
Egmont, Skookumchuck Narrows	Echo Bay, Gilford Island	153.8	21:58	via Refuge Cove
Egmont, Skookumchuck Narrows	Harmony Islands	8.3	1:11	
Egmont, Skookumchuck Narrows	Lund	40.0	5:43	
Egmont, Skookumchuck Narrows	Malibu Rapids	30.3	4:20	
Egmont, Skookumchuck Narrows	Nanaimo	40.7	5:49	via S. Thormanby Is.
Egmont, Skookumchuck Narrows	Pender Harbour	13.6	1:57	
Egmont, Skookumchuck Narrows	Prideaux Haven	55.0	7:51	via Lund
Egmont, Skookumchuck Narrows	Princess Louisa Inlet	34.5	4:56	via Malibu Rapids
Egmont, Skookumchuck Narrows	Refuge Cove	50.0	7:09	via Jervis Inlet
Egmont, Skookumchuck Narrows	Roche Harbor	94.7	13:32	via Nanaimo
Egmont, Skookumchuck Narrows	Secret Cove	20.5	2:56	
Egmont, Skookumchuck Narrows	Tribune Bay, Hornby Is.	42.3	6:03	via Sabine Channel
Egmont, Skookumchuck Narrows	Vancouver	58.3	8:20	
Egmont, Skookumchuck Narrows	Westview (Powell River)	28.0	4:00	
False Bay (Lasqueti Is.)	Campbell River	48.6	6:57	
False Bay (Lasqueti Is.)	Comox	25.5	3:39	
False Bay (Lasqueti Is.)	Comox	29.2	4:10	via Baynes Sound

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
False Bay (Lasqueti Is.)	Deep Bay, Vancouver Is.	15.9	2:16	
False Bay (Lasqueti Is.)	French Creek	9.0	1:17	
False Bay (Lasqueti Is.)	Gorge Harbour, Cortes Is.	46.2	6:36	
False Bay (Lasqueti Is.)	Heriot Bay	51.0	7:17	
False Bay (Lasqueti Is.)	Nanaimo	28.4	4:03	
False Bay (Lasqueti Is.)	Octopus Is.	61.0	8:43	
False Bay (Lasqueti Is.)	Pender Harbour (Maderia Park)	24.2	3:27	
False Bay (Lasqueti Is.)	Point Roberts	62.6	8:57	avoiding WG
False Bay (Lasqueti Is.)	Secret Cove	22.7	3:15	via Sabine Channel
False Creek (Vancouver)	Anacortes	66.7	9:32	
False Creek (Vancouver)	Blaine	44.2	6:19	
False Creek (Vancouver)	Comox	78.6	11:14	Crossing Strait of Georgia
False Creek (Vancouver)	Crescent Beach Marina	42.2	6:02	
False Creek (Vancouver)	Deception Pass	70.5	10:04	
False Creek (Vancouver)	Elliott Bay Marina, Seattle	126.1	18:01	via Deception Pass
False Creek (Vancouver)	Ford Cove, Hornby Is.	62.8	8:58	
False Creek (Vancouver)	Gibsons	18.3	2:37	via Shoal Channel
False Creek (Vancouver)	Ladysmith	38.9	5:33	via Porlier Pass
False Creek (Vancouver)	Nanaimo	33.9	4:51	Crossing Strait of Georgia
False Creek (Vancouver)	Maple Bay	40.9	5:51	via Porlier Pass
False Creek (Vancouver)	Pender Harbour	46.1	6:35	via Welcome Passage
False Creek (Vancouver)	Point Roberts	32.8	4:41	
False Creek (Vancouver)	Porlier Pass	27.0	3:51	Crossing Strait of Georgia
False Creek (Vancouver)	Reed Point Marina, Port Moody	14.5	2:04	
False Creek (Vancouver)	Saturna	39.0	5:34	via Georgeson Passage
False Creek (Vancouver)	Secret Cove, Sunshine Coast	38.2	5:27	
False Creek (Vancouver)	Snug Cove, Bowen Is.	10.3	1:28	
False Creek (Vancouver)	Victoria	77.4	11:03	via Porlier Pass
Fanny Bay	Deep Bay	5.0	0:43	
Fishermans Cove (W. Vancouver)	Blaine Marina	41.3	5:54	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Fishermans Cove (W. Vancouver)	Ladysmith	36.3	5:11	via Gabriola Passage
Fishermans Cove (W. Vancouver)	Horseshoe Bay	2.9	0:25	
Fishermans Cove (W. Vancouver)	Nanaimo	29.6	4:14	
Fishermans Cove (W. Vancouver)	Victoria	94.3	13:28	
Fishermans Cove, Eagle Harbour	Ladysmith	36.3	5:11	via Gabriola Passage
Forward Harbour	Beaver Inlet	15.1	2:09	
Forward Harbour	Big Bay, Stuart Island	28.9	4:08	via Wellbore Channel
Forward Harbour	Blind Channel, W. Thurlow Is.	14.9	2:08	
Forward Harbour	Broken Islands	21.7	3:06	from Douglas Bay
Forward Harbour	Chatham Point	21.9	3:08	
Forward Harbour	Cordero Lodge	15.3	2:11	from Douglas Bay
Forward Harbour	Echo Bay, Gilford Island	54.9	7:51	
Forward Harbour	Lagoon Cove, E Cracroft Is.	33.7	4:49	
Forward Harbour	Matilpi	27.8	3:58	
Forward Harbour	Minstrel Is.	32.6	4:39	
Forward Harbour	Octopus Is.	33.5	4:47	via Johnstone Strait
Forward Harbour	Port Harvey	27.0	3:51	
Forward Harbour	Port Neville	13.8	1:58	from Douglas Bay
Forward Harbour	Refuge Cove, W Redonda Is.	48.7	6:57	
Forward Harbour	Root Point, E Cracroft Is.	28.1	4:01	
Forward Harbour	Shoal Bay (Thurlow)	19.0	2:43	
Forward Harbour	Whirlpool Rapids	1.8	0:15	From Douglas Bay
Frederick Arm	Big Bay, Stuart Island	9.8	1:24	
French Creek (Parksville)	Campbell River	55.9	7:59	via Lambert Channel
French Creek (Parksville)	Copeland Islands	44.4	6:21	via Shearwater Passage
French Creek (Parksville)	Deep Bay	18.2	2:36	
French Creek (Parksville)	False Bay	9.0	1:17	
French Creek (Parksville)	Ganges	55.4	7:55	via Nanaimo and Dodd Narrows
French Creek (Parksville)	Gibsons	34.8	4:58	Across Strait of Georgia
French Creek (Parksville)	Hornby Island, Tribune Bay	15.2	2:10	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
French Creek (Parksville)	Ladysmith	40.7	5:49	via Nanaimo
French Creek (Parksville)	Lasqueti Island (False Bay)	9.0	1:17	
French Creek (Parksville)	Lund	41.9	5:59	via Shearwater Passage
French Creek (Parksville)	Malibu Rapids	63.7	9:06	via Pender Harbour
French Creek (Parksville)	Nanaimo	22.2	3:10	
French Creek (Parksville)	Pender Harbour	23.5	3:21	
French Creek (Parksville)	Point Roberts	56.5	8:04	via Ballenas Channel and avoiding WG
French Creek (Parksville)	Prideaux Haven, Desolation Sound	56.2	8:02	via Shearwater Passage
French Creek (Parksville)	Princess Louisa Inlet	68.4	9:46	via Pender Harbour
French Creek (Parksville)	Schooner Cove, Vancouver Island	10.1	1:27	
French Creek (Parksville)	Secret Cove	22.6	3:14	
French Creek (Parksville)	Victoria	88.7	12:40	via Nanaimo
Fulford Harbour	Bedwell Harbour, South Pender Is.	10.4	1:29	
Fulford Harbour	Cadboro Bay, Victoria	23.1	3:18	via Sidney Channel
Fulford Harbour	Conover Cove	17.3	2:28	via Captain Passage
Fulford Harbour	Cowichan Bay	11.0	1:34	
Fulford Harbour	Ganges, Saltspring Is.	12.2	1:45	
Fulford Harbour	Lyall Harbour	17.0	2:26	
Fulford Harbour	Maple Bay	14.9	2:08	via Sansum Narrows
Fulford Harbour	Otter Bay, N Pender Is.	7.4	1:03	
Fulford Harbour	Port Browning, N Pender Is.	12.6	1:48	via Pender Canal
Fulford Harbour	Port Browning, N Pender Is.	15.3	2:11	via Navy Channel
Fulford Harbour	Sidney	9.1	1:18	
Gabriola Passage	Cadboro Bay, Victoria	48.1	6:52	
Gabriola Passage	Clam Bay	10.1	1:27	
Gabriola Passage	Ganges, Saltspring Is.	25.5	3:39	
Gabriola Passage	Horseshoe Bay	24.1	3:27	Crossing the Strait of Georgia
Gabriola Passage	Ladysmith	13.1	1:52	via Ruxton Passage
Gabriola Passage	Montague Harbour	20.5	2:56	
Gabriola Passage	Pender Harbour	36.2	5:10	Avoiding WG

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Gabriola Passage	Pirates Cove	2.7	0:23	
Gabriola Passage	Sidney	35.5	5:04	
Gabriola Passage	Silva Bay	3.2	0:27	
Galiano Island	Point Roberts	22.7	3:15	
Ganges, Saltspring Is.	Active Pass	8.6	1:14	
Ganges, Saltspring Is.	Anacortes, Fidalgo Island	45.5	6:30	via Bedwell Harbour
Ganges, Saltspring Is.	Bedwell Harbour, Poet's Cove	13.8	1:58	
Ganges, Saltspring Is.	Bellingham	35.3	5:03	via Hale Passage
Ganges, Saltspring Is.	Blaine	32.1	4:35	via Active Pass
Ganges, Saltspring Is.	Cadboro Bay, Victoria	30.8	4:24	
Ganges, Saltspring Is.	Campbell River	111.1	15:52	via Nanaimo
Ganges, Saltspring Is.	Comox	86.6	12:22	via Nanaimo
Ganges, Saltspring Is.	Conover Cove, Wallace Is.	11.5	1:39	
Ganges, Saltspring Is.	Cowichan Bay	19.5	2:47	
Ganges, Saltspring Is.	Crofton	18.9	2:42	via Houstoun Passage
Ganges, Saltspring Is.	Dodd Narrows	27.9	3:59	
Ganges, Saltspring Is.	French Creek	55.4	7:55	via Nanaimo and Dodd Narrows
Ganges, Saltspring Is.	Friday Harbor, San Juan Is.	28.0	4:00	direct
Ganges, Saltspring Is.	Friday Harbor, San Juan Is.	29.8	4:15	via Bedwell Harbour
Ganges, Saltspring Is.	Fulford Harbour	12.2	1:45	
Ganges, Saltspring Is.	Gabriola Passage	25.5	3:39	
Ganges, Saltspring Is.	Genoa Bay	19.4	2:46	
Ganges, Saltspring Is.	Gibsons	40.4	5:46	via Porlier Pass
Ganges, Saltspring Is.	Lyall Harbour	13.8	1:58	Saturna Island
Ganges, Saltspring Is.	Maple Bay	23.3	3:20	via Houstoun Passage
Ganges, Saltspring Is.	Maple Bay	23.7	3:23	via Sansum Narrows
Ganges, Saltspring Is.	Montague Harbour	7.2	1:02	
Ganges, Saltspring Is.	Nanaimo	33.2	4:45	
Ganges, Saltspring Is.	Oak Bay	31.1	4:27	
Ganges, Saltspring Is.	Otter Bay, N Pender Is.	8.6	1:14	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Ganges, Saltspring Is.	Pirates Cove, De Courcy Island	24.4	3:29	via Captain Passage
Ganges, Saltspring Is.	Pleasant Harbor, Hood Canal	95.5	13:39	via Bedwell Harbour and Port Townsend
Ganges, Saltspring Is.	Porlier Pass	16.5	2:21	
Ganges, Saltspring Is.	Port Angeles	51.3	7:20	
Ganges, Saltspring Is.	Port Browning, N Pender Is.	13.9	1:59	via Navy Channel
Ganges, Saltspring Is.	Port Townsend	59.5	8:30	
Ganges, Saltspring Is.	Roche Harbor, San Juan Is.	20.6	2:57	
Ganges, Saltspring Is.	Secret Cove	52.2	7:27	via Porlier Pass and avoiding WG
Ganges, Saltspring Is.	Sidney	15.4	2:12	
Ganges, Saltspring Is.	Silva Bay, Gabriola Is.	27.7	3:57	
Ganges, Saltspring Is.	Swartz Bay	13.9	1:59	
Ganges, Saltspring Is.	Tacoma Yacht Club	121.6	17:22	via Deception Pass and Bedwell Harbour
Ganges, Saltspring Is.	Telegraph Harbour, Thetis Is.	32.9	4:42	via Sansum Narrows
Ganges, Saltspring Is.	Telegraph Harbour, Thetis Is.	20.1	2:52	via Houstoun Passage
Ganges, Saltspring Is.	Tribune Bay, Hornby Is.	69.5	9:56	via Nanaimo
Ganges, Saltspring Is.	Vancouver	42.5	6:04	via Active Pass
Ganges, Saltspring Is.	Victoria	37.9	5:25	via Sidney Channel
Genoa Bay	Anacortes, Fidalgo Is.	47.0	6:43	via Roche Harbor
Genoa Bay	Bedwell Harbour, S. Pender Is.	16.9	2:25	via north of Portland Island
Genoa Bay	Brentwood Bay	12.5	1:47	
Genoa Bay	Cadboro Bay, Victoria	26.8	3:50	via Iroquois Passage
Genoa Bay	Chemainus	16.1	2:18	
Genoa Bay	Dodd Narrows	28.3	4:03	
Genoa Bay	Ford Cove, Hornby Is.	71.6	10:14	via Nanaimo
Genoa Bay	Ganges, Saltspring Is.	19.4	2:46	
Genoa Bay	Friday Harbor	32.8	4:41	via Bedwell Harbour
Genoa Bay	Maple Bay Marina	7.9	1:08	
Genoa Bay	Nanaimo	33.6	4:48	via Sansum & Dodd Narrows
Genoa Bay	Otter Bay, N Pender Is.	14.7	2:06	
Genoa Bay	Roche Harbor	20.9	2:59	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Genoa Bay	Sansum Narrows	4.3	0:37	
Genoa Bay	Sidney	11.7	1:40	via Iroquois Passage
Genoa Bay	Tsehum Harbour	10.9	1:33	via Page Passage
Gibsons	Active Pass	33.9	4:51	Across Strait of Georgia
Gibsons	Blaine	47.3	6:45	via Point Roberts
Gibsons	Comox	64.3	9:11	via Baynes Sound
Gibsons	False Creek	18.3	2:37	via Shoal Channel
Gibsons	French Creek	34.8	4:58	Across Strait of Georgia
Gibsons	Ganges, Saltspring Is.	40.4	5:46	via Porlier Pass
Gibsons	Horseshoe Bay	10.9	1:33	
Gibsons	Ladner	30.0	4:17	
Gibsons	Lund	64.2	9:10	via Malaspina Strait
Gibsons	Nanaimo	23.0	3:17	Across Strait of Georgia
Gibsons	Pender Harbour	31.0	4:26	
Gibsons	Point Roberts	33.6	4:48	
Gibsons	Porlier Pass	23.7	3:23	
Gibsons	Roche Harbor	54.5	7:47	via Porlier Pass
Gibsons	Roche Harbor	73.0	10:26	via nanaimo & Bedwell Harbour
Gibsons	Secret Cove	23.1	3:18	
Gibsons	Sidney	50.4	7:12	via Porlier Pass
Gibsons	Silva Bay, Gabriola Island	17.5	2:30	Crossing Georgia Strait
Gibsons	Steveston, Lulu Is.	25.5	3:39	
Gibsons	Snug Cove, Bowen Is.	10.7	1:32	
Gibsons	Vancouver, Coal Harbour	19.9	2:51	
Gillard Passage	Blind Channel	15.8	2:15	
Gillard Passage	Refuge Cove, W Redonda Is.	21.2	3:02	
Gillard Passage	Shoal Bay	9.3	1:20	
Gillard Passage	Toba Wildernest	17.5	2:30	
Gillard Passage	Whirlpool Rapids	26.3	3:45	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Gorge Harbour, Cortes Is.	Anacortes	148.5	21:13	via Lambert Channel, Nanaimo and Bedwell Harbour
Gorge Harbour, Cortes Is.	Campbell River	15.0	2:09	
Gorge Harbour, Cortes Is.	Comox, Vancouver Is.	32.3	4:37	
Gorge Harbour, Cortes Is.	Cortes Bay, Cortes Is.	12.1	1:44	
Gorge Harbour, Cortes Is.	False Bay (Lasqueti Is.)	46.2	6:36	
Gorge Harbour, Cortes Is.	Heriot Bay, Quadra Is.	9.5	1:21	
Gorge Harbour, Cortes Is.	Lund	15.7	2:15	
Gorge Harbour, Cortes Is.	Nanaimo	77.1	11:01	via Lambert Channel
Gorge Harbour, Cortes Is.	Octopus Islands	18.5	2:39	
Gorge Harbour, Cortes Is.	Pender Harbour	51.7	7:23	
Gorge Harbour, Cortes Is.	Prideaux Haven	22.4	3:12	
Gorge Harbour, Cortes Is.	Refuge Cove, W Redonda Is.	17.0	2:26	
Gorge Harbour, Cortes Is.	Savary Island	16.0	2:17	via Baker Passage
Gorge Harbour, Cortes Is.	Squirrel Cove	18.6	2:39	via Baker Passage
Gorge Harbour, Cortes Is.	Thunder Bay	43.1	6:09	via Baker Passage
Gorge Harbour, Cortes Is.	Westview	28.2	4:02	via Baker Passage
Grace Harbour	Prideaux Haven	11.1	1:35	
Grace Harbour	Refuge Cove, W Redonda Is.	7.2	1:02	
Grace Harbour	Sarah Point	5.1	0:44	
Grace Harbour	Zepherine Head	4.1	0:35	on Malaspina Inlet
Greenway Sound	Echo Bay, Gilford Island	14.2	2:02	
Greenway Sound	Eden Island	17.9	2:33	via Indian Passage
Greenway Sound	Kingcome Inlet	22.9	3:16	
Greenway Sound	Kwatsi Bay	22.4	3:12	
Greenway Sound	Mackenzie Sound	18.9	2:42	via Kenneth Passage
Greenway Sound	Shawl Bay	8.9	1:16	
Greenway Sound	Sullivan Bay, N Broughton Is.	6.9	0:59	
Grief Point	Cape Cockburn	15.0	2:09	
Grief Point	Pender Harbour	21.9	3:08	and Beach Gardens Marina

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Grief Point	Prideaux Haven	29.2	4:10	and Beach Gardens Marina
Grief Point	Refuge Cove, W Redonda Is.	24.5	3:30	and Beach Gardens Marina
Harmony Islands	Ballet Bay, Nelson Island	15.4	2:12	
Harmony Islands	Egmont	8.3	1:11	
Harmony Islands	Princess Louisa Inlet	36.5	5:13	
Harmony Islands	Thunder Bay	14.3	2:03	
Havannah Channel	Chatham Point	36.6	5:14	via Johnstone Strait
Hemming Bay	Big Bay	13.1	1:52	via Dent Rapids
Hemming Bay	Campbell River	24.3	3:28	via Discovery Passage
Heriot Bay	Bellingham	154.5	22:04	via Bedwell Harbour & Nanaimo
Heriot Bay	Big Bay, Stuart Is.	22.8	3:15	via Whale Passage
Heriot Bay	Blind Channel, W. Thurlow Is.	34.0	4:51	via Okisollo Channel
Heriot Bay	Blind Channel, W. Thurlow Is.	37.6	5:22	via Hole In The Wall
Heriot Bay	Comox	36.0	5:09	
Heriot Bay	Cowichan Bay	121.6	17:22	via Comox & Nanaimo
Heriot Bay	Cortes Bay, Cortes Is.	16.5	2:21	
Heriot Bay	False Bay (Lasqueti Is.)	51.0	7:17	
Heriot Bay	Gorge Harbour. Cortes Is.	9.5	1:21	
Heriot Bay	Lund	20.3	2:54	via Baker Passage
Heriot Bay	Octopus Is.	13.5	1:56	
Heriot Bay	Refuge Cove, W Redonda Is.	21.6	3:05	
Heriot Bay	Seattle	205.1	29:18	via Nanaimo to Shilshole bay
Heriot Bay	Surge Narrows	8.6	1:14	To Beazley Pass
Heriot Bay	Walsh Cove	24.8	3:33	via Deer Pass
Heriot Bay	Whaletown, Cortes Island	6.5	0:56	
Hole In The Wall	Refuge Cove, W Redonda Is.	17.5	2:30	
Hole In The Wall	Surge Narrows	5.6	0:48	West end to Beazley Pass
Hole In The Wall	White Rock Passage	5.8	0:50	
Hornby Is.(Ford Cove)	Comox	15.9	2:16	via Comox Bar
Hornby Is.(Ford Cove)	Comox	18.0	2:34	via Bynes Sound

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Hornby Is.(Ford Cove)	Copeland Islands	33.1	4:44	via Shearwater Passage
Hornby Is.(Ford Cove)	Crescent Beach	82.4	11:46	avoiding WG
Hornby Is.(Ford Cove)	False Creek (Vancouver)	62.8	8:58	
Hornby Is.(Ford Cove)	Genoa Bay	71.6	10:14	via Nanaimo
Hornby Is.(Ford Cove)	Lund	30.6	4:22	via Lambert Channel
Hornby Is.(Ford Cove)	Nanaimo	38.0	5:26	
Hornby Is.(Ford Cove)	Nanoose Harbour	29.6	4:14	
Hornby Is.(Ford Cove)	Northwest Bay	22.2	3:10	
Hornby Is.(Ford Cove)	Page Point Marina	57.2	8:10	via Nanaimo
Hornby Is.(Ford Cove)	Schooner Cove	25.3	3:37	
Hornby Is.(Ford Cove)	Vancouver	64.1	9:09	
Hornby Is.(Ford Cove)	Westview (Powell River)	24.8	3:33	
Horseshoe Bay	Active Pass	32.5	4:39	Crossing the Strait of Georgia
Horseshoe Bay	Fishermans Cove	2.9	0:25	
Horseshoe Bay	Gibsons	10.9	1:33	
Horseshoe Bay	Gabriola Passage	24.1	3:27	Crossing the Strait of Georgia
Horseshoe Bay	Ladysmith	37.6	5:22	via Gabriola Passage
Horseshoe Bay	Nanaimo	30.3	4:20	Crossing Strait of Georgia
Horseshoe Bay	Porlier Pass	26.2	3:45	
Horseshoe Bay	Sechelt	23.6	3:22	
Horseshoe Bay	Secret Cove, Sunshine Coast	33.6	4:48	via Welcome Passage
Horseshoe Bay	Sidney	52.3	7:28	via Porlier Pass
Horseshoe Bay	Silva Bay	22.8	3:15	
Horseshoe Bay	Snug Bay	2.6	0:22	
Jedediah Island	Comox	31.0	4:26	via Comox Bar
Jedediah Island	Nanaimo	24.9	3:33	Avoiding Whisky Golf
Jedediah Island	Secret Cove	9.6	1:22	
Jennis Bay	Shawl Bay	19.1	2:44	
Jennis Bay	Sullivan Bay, N Broughton Is.	8.4	1:12	
Kelsey Bay	Blind Channel, W. Thurlow Is.	18.8	2:41	via Mayne Passage

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Kelsey Bay	Blind Channel, W. Thurlow Is.	19.7	2:49	via Chancellor Channel
Kelsey Bay	Campbell River	40.9	5:51	
Kelsey Bay	Cordero Lodge	20.2	2:53	via Chancellor Channel
Kelsey Bay	Minstrel Is.	25.7	3:40	
Kelsey Bay	Kwatsi Bay	45.9	6:33	via Havannah Channel
Kelsey Bay	Lagoon Cove	27.2	3:53	via Havannah Channel
Kelsey Bay	Octopus Is.	32.3	4:37	
Kelsey Bay	Port Harvey	19.1	2:44	
Kelsey Bay	Refuge Cove, W Redonda Is.	55.8	7:58	via Blind Channel
Kelsey Bay	Shawl Bay	58.5	8:21	via Havannah Channel
Kelsey Bay	Simoom Sound	56.9	8:08	via Havannah Channel
Kingcome Inlet	Belleisle Sound	12.1	1:44	
Kingcome Inlet	Echo Bay, Gilford Island	24.5	3:30	
Kingcome Inlet	Greenway Sound	22.9	3:16	
Kingcome Inlet	Kwatsi Bay	32.9	4:42	
Kingcome Inlet	Port McNeill	52.7	7:32	via Retreat Passage
Kingcome Inlet	Shawl Bay	19.1	2:44	
Kingcome Inlet	Sullivan Bay	25.3	3:37	
Kwatsi Bay	Echo Bay, Gilford Island	13.1	1:52	
Kwatsi Bay	Greenway Sound	22.4	3:12	
Kwatsi Bay	Kelsey Bay	45.9	6:33	via Havannah Channel
Kwatsi Bay	Kingcome Inlet	32.9	4:42	
Kwatsi Bay	Lagoon Cove, E Cracroft Is.	22.3	3:11	
Kwatsi Bay	McIntosh Bay, Simoom Sound	15.2	2:10	
Kwatsi Bay	Minstrel Island	20.0	2:51	
Kwatsi Bay	Port McNeill	38.5	5:30	via Retreat Passage
Kwatsi Bay	Port Neville	40.0	5:43	
Kwatsi Bay	Shawl Bay	16.1	2:18	
Kwatsi Bay	Sullivan Bay, N Broughton Is.	24.6	3:31	
Ladner	Friday Harbor	48.8	6:58	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Ladner	Gibsons	30.0	4:17	
Ladner	Porlier Pass	22.5	3:13	crossing Strait of Georgia
Ladysmith	Alert Bay, Cormorant Is.	176.8	25:15	via Campbell River
Ladysmith	Anacortes, Fidalgo Is.	68.0	9:43	
Ladysmith	Bedwell Harbour	33.7	4:49	
Ladysmith	Brentwood Bay	31.5	4:30	via Sansum Narrows
Ladysmith	Cadboro Bay, Victoria	49.3	7:03	via Houstoun Passage
Ladysmith	Chemainus	6.8	0:58	
Ladysmith	Conover Cove	14.2	2:02	
Ladysmith	Cowichan Bay	22.4	3:12	
Ladysmith	Crofton	12.3	1:45	
Ladysmith	Desolation Sound	87.4	12:29	via Ballenas Is. avoiding Whiskey Golf
Ladysmith	Dodd Narrows	13.2	1:53	
Ladysmith	Fishermans Cove, Eagle Harbour,	36.3	5:11	via Gabriola Passage
Ladysmith	French Creek	40.7	5:49	via Nanaimo
Ladysmith	Gabriola Passage	13.1	1:52	via Ruxton Passage
Ladysmith	Horseshoe Bay	37.6	5:22	via Gabriola Passage
Ladysmith	Lund	81.3	11:37	
Ladysmith	Maple Bay	17.2	2:27	
Ladysmith	Mill Bay	26.4	3:46	via Sansum Narrows
Ladysmith	Montague Harbour	20.9	2:59	via Houstoun Passage
Ladysmith	Montague Harbour	21.8	3:07	via North of Thetis Island
Ladysmith	Nanaimo	18.4	2:38	via Dodd Narrows
Ladysmith	Pirates Cove	12.0	1:43	via Ruxton Pass
Ladysmith	Porlier Pass	11.6	1:39	
Ladysmith	Port Browning, N. Pender Is.	32.2	4:36	
Ladysmith	Port Washington, N. Pender Is.	25.2	3:36	
Ladysmith	Secret Cove	47.4	6:46	avoiding WG
Ladysmith	Secret Cove	41.8	5:58	via Welcome Passage
Ladysmith	Sidney	29.6	4:14	via Sansum Narrows

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Ladysmith	Telegraph Harbour	8.4	1:12	
Ladysmith	Vancouver (False Creek)	38.9	5:33	via Porlier Pass
Ladysmith	Victoria	54.6	7:48	via Sansum Narrows
Lagoon Cove, E Cracroft Is.	Alert Bay, Cormorant Is.	25.7	3:40	
Lagoon Cove, E Cracroft Is.	Blind Channel, W. Thurlow Is.	46.6	6:39	via Sunderland Channel
Lagoon Cove, E Cracroft Is.	Blind Channel, W. Thurlow Is.	45.0	6:26	via Johnstone Strait & Mayne Psg.
Lagoon Cove, E Cracroft Is.	Bones Bay	3.2	0:27	
Lagoon Cove, E Cracroft Is.	Chatham Point, Vancouver Is.	47.5	6:47	via Chatham Channel
Lagoon Cove, E Cracroft Is.	Craycroft Inlet	2.4	0:21	
Lagoon Cove, E Cracroft Is.	Echo Bay, Gilford Island	22.0	3:09	via Retreat Passage
Lagoon Cove, E Cracroft Is.	Echo Bay, Gilford Island	25.0	3:34	via Beware and Clio Channels
Lagoon Cove, E Cracroft Is.	Forward Harbour	33.7	4:49	
Lagoon Cove, E Cracroft Is.	Kelsey Bay	27.2	3:53	via Havannah Channel
Lagoon Cove, E Cracroft Is.	Kwatsi Bay	22.3	3:11	
Lagoon Cove, E Cracroft Is.	Matilpi	6.9	0:59	
Lagoon Cove, E Cracroft Is.	Port McNeill	31.4	4:29	via Baronet Passage
Lagoon Cove, E Cracroft Is.	Port Neville	21.0	3:00	
Lagoon Cove, E Cracroft Is.	Potts Lagoon, W Cracroft Is.	7.2	1:02	
Lagoon Cove, E Cracroft Is.	Refuge Cove, W Redonda Is.	81.9	11:42	via Blind Channel and Havannah Channel
Lagoon Cove, E Cracroft Is.	Root Point, E Cracroft Is.	5.6	0:48	
Lagoon Cove, E Cracroft Is.	Shawl Bay	29.6	4:14	
Lagoon Cove, E Cracroft Is.	Simoom Sound	34.2	4:53	to McIntosh Bay
Lagoon Cove, E Cracroft Is.	Sointula	30.6	4:22	via Knight Inlet
Lagoon Cove, E Cracroft Is.	Sullivan Bay	42.4	6:03	via Tribune Channel
Lagoon Cove, E Cracroft Is.	Telegraph Cove	21.2	3:02	via Baronet Passage
Lagoon Cove, E Cracroft Is.	Waddington Bay	18.4	2:38	on Bonwick Is.
Lasqueti (False Bay)	Campbell River	48.6	6:57	
Lasqueti (False Bay)	Comox	25.5	3:39	
Lasqueti (False Bay)	French Creek (Parksville)	9.0	1:17	
Lasqueti (False Bay)	Schooner Cove	16.4	2:21	Crossing Ballenas Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Laura Bay	Echo Bay, Gilford Island	5.5	0:47	
Laura Bay	Minstrel Is.	30.4	4:21	via Tribune Channel
Laura Bay	Sullivan Bay, N Broughton Is.	13.0	1:51	
Long Harbour	Bedwell Harbour, S. Pender Is.	12.8	1:50	Long Harbour on Saltspring Is.
Long Harbour	Nanaimo	31.0	4:26	Long Harbour on Saltspring Is.
Loughborough Inlet	Blind Channel, W. Thurlow Is.	23.4	3:21	from Frazer Bay
Lund	Anacortes	135.3	19:20	via Bedwell Harbour & Nanaimo
Lund	Big Bay, Stuart Is.	29.8	4:15	
Lund	Beach Garden Marina	14.9	2:08	
Lund	Copeland Islands	2.8	0:24	
Lund	Campbell River	20.7	2:57	via Baker Passage
Lund	Chatterbox Falls	70.5	10:04	
Lund	Comox	25.0	3:34	via Shearwater Passage
Lund	Cortes Bay	8.6	1:14	
Lund	Deep Bay	35.7	5:06	
Lund	Egmont	40.0	5:43	
Lund	Ford Cove, Hornby Is.	30.6	4:22	via Lambert Channel
Lund	French Creek (Parksville)	41.9	5:59	
Lund	Gibsons	64.2	9:10	
Lund	Gorge Harbour, Cortes Is.	15.7	2:15	
Lund	Heriot Bay	20.3	2:54	via Baker Passage
Lund	Ladysmith	81.3	11:37	
Lund	Nanaimo	63.5	9:04	Avoiding WG
Lund	Pender Harbour	36.7	5:15	
Lund	Pendrell Sound	21.9	3:08	
Lund	Prideaux Haven	14.5	2:04	
Lund	Refuge Cove, W Redonda Is.	10.0	1:26	
Lund	Sarah Point	6.1	0:52	
Lund	Seattle	188.2	26:53	via Nanaimo
Lund	Secret Cove	42.5	6:04	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Lund	Victoria	128.2	18:19	
Lund	Westview (Powell River)	13.0	1:51	
Lyll Harbour, Saturna Is.	Cadboro Bay, Victoria	25.1	3:35	
Lyll Harbour, Saturna Is.	Blaine, WA	22.5	3:13	via Boat Pass
Lyll Harbour, Saturna Is.	Chemainus	24.3	3:28	
Lyll Harbour, Saturna Is.	Clam Bay	21.5	3:04	
Lyll Harbour, Saturna Is.	Cowichan Bay	23.7	3:23	
Lyll Harbour, Saturna Is.	Dodd Narrows	32.2	4:36	
Lyll Harbour, Saturna Is.	Friday Harbor	18.8	2:41	
Lyll Harbour, Saturna Is.	Fulford Harbor	17.0	2:26	
Lyll Harbour, Saturna Is.	Ganges, Saltspring Is.	13.8	1:58	Saturna Island
Lyll Harbour, Saturna Is.	Maple Bay	27.1	3:52	
Lyll Harbour, Saturna Is.	Montague Harbour	10.7	1:32	
Lyll Harbour, Saturna Is.	Otter Bay, N Pender Is.	7.7	1:06	
Lyll Harbour, Saturna Is.	Port Browning, N Pender Is.	4.7	0:40	
Lyll Harbour, Saturna Is.	White Rock	21.7	3:06	via Boat Pass
Mackenzie Sound	Greenway Sound	18.9	2:42	via Kenneth Passage
Mackenzie Sound	Sullivan Bay, N Broughton Is.	12.8	1:50	via Kenneth Passage
Madeira Park	Secret Cove	9.7	1:23	
Malibu Rapids	Brentwood Bay	117.9	16:51	via Egmont and Nanaimo
Malibu Rapids	Chatterbox Falls	4.3	0:37	
Malibu Rapids	Deep Bay	77.2	11:02	via Agamemnon Channel
Malibu Rapids	Egmont	30.3	4:20	
Malibu Rapids	French Creek	63.7	9:06	via Pender Harbour
Malibu Rapids	Nanaimo	71.9	10:16	Avoiding WG
Malibu Rapids	Pender Harbour	41.3	5:54	To Madeira Park
Malibu Rapids	Princess Louisa Dock	4.1	0:35	
Malibu Rapids	Saltery Bay	35.6	5:05	
Malibu Rapids	Sidney	114.2	16:19	via Nanaimo and Dodd Narrows
Maple Bay	Anacortes, Fidalgo Island	49.4	7:03	via Sansum Narrows

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Maple Bay	Bedwell Harbour, S. Pender Is.	21.0	3:00	via Sansum Narrows
Maple Bay	Brentwood Bay	16.6	2:22	via Sansum Narrows
Maple Bay	Canoe Cove Marina	14.1	2:01	via Sansum Narrows
Maple Bay	Chemainus	10.8	1:33	Maple Bay Marina
Maple Bay	Clam Bay	12.4	1:46	Maple Bay Marina
Maple Bay	Conover Cove, Wallace Is.	12.0	1:43	Wallace Island
Maple Bay	Cowichan Bay	7.9	1:08	
Maple Bay	Crofton	5.7	0:49	
Maple Bay	Dodd Narrows	23.4	3:21	
Maple Bay	False Creek, Vancouver	40.9	5:51	via Porlier Pass
Maple Bay	Friday Harbor, San Juan Is.	36.7	5:15	via Sansum Narrows
Maple Bay	Fulford Harbour	14.9	2:08	via Sansum Narrows
Maple Bay	Ganges, Saltspring Is.	23.3	3:20	via Houston Passage
Maple Bay	Ganges, Saltspring Is.	23.7	3:23	via Sansum Narrows
Maple Bay	Genoa Bay	7.7	1:06	
Maple Bay	Ladysmith	17.2	2:27	
Maple Bay	Montague Harbour, Galiano Is.	18.5	2:39	via Houston Passage
Maple Bay	Montague Harbour, Galiano Is.	24.5	3:30	via Satellite Passage
Maple Bay	Otter Bay, N Pender Is.	18.7	2:40	via Sansum Narrows
Maple Bay	Porlier Pass	13.6	1:57	
Maple Bay	Port Browning, N Pender Is.	23.2	3:19	via Pender Canal
Maple Bay	Port Townsend	66.7	9:32	via Bedwell Harbour
Maple Bay	Poulsbo, Liberty Bay	113.3	16:11	via Deception Pass & Bedwell harbour
Maple Bay	Sansum Narrows	3.6	0:31	
Maple Bay	Seattle, Shilshole Bay	95.0	13:34	
Maple Bay	Telegraph Harbour, Thetis Is.	11.9	1:42	
Maple Bay	Tsehum Harbour	17.6	2:31	
Maple Bay	Victoria	37.7	5:23	via Sansum Narrows
Matilpi	Blind Channel, W. Thurlow Is.	39.4	5:38	via Johnstone Strait and Mayne Passage
Matilpi	Echo Bay, Gilford Island	27.7	3:57	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Matilpi	Forward Harbour	27.8	3:58	
Matilpi	Lagoon Cove, E Cracroft Is.	6.9	0:59	
Matilpi	Root Point	1.3	0:11	
Mill Bay	Anacortes	46.6	6:39	via Friday Harbor
Mill Bay	Anacortes	47.3	6:45	via Bedwell Harbour
Mill Bay	Bedwell Harbour	15.6	2:14	
Mill Bay	Cowichan Bay	8.0	1:09	
Mill Bay	Crofton	15.6	2:14	via Sansum Narrows
Mill Bay	Dodd Narrows	33.2	4:45	via Sansum Narrows
Mill Bay	Ladysmith	26.4	3:46	via Sansum Narrows
Mill Bay	Friday Harbor	27.0	3:51	
Mill Bay	Princess Louisa Inlet	117.8	16:50	via Nanaimo and Egmont
Mill Bay	Sidney	10.0	1:26	via Iroquois Passage
Mill Bay	Steveston, Lulu Is.	37.8	5:24	via Active Pass
Mill Bay	Alert Bay	26.1	3:44	via Baronet Passage
Mill Bay	Blind Channel, W. Thurlow Is.	44.1	6:18	via Johnstone Strait & Mayne Passage
Mill Bay	Blind Channel, W. Thurlow Is.	45.9	6:33	via Wellbore Channel
Mill Bay	Chatterbox Falls	167.9	23:59	Princess Louisa Inlet
Mill Bay	Craycroft Inlet	2.8	0:24	via The Blow Hole
Mill Bay	Echo Bay, Gilford Island	29.3	4:11	via Tribune Channel
Mill Bay	Eden Island	34.3	4:54	via Tribune Channel
Mill Bay	Forward Harbour	32.6	4:39	
Mill Bay	Kwatsi Bay	20.0	2:51	
Minstrel Island	Bones Bay	3.8	0:33	via The Blow Hole
Minstrel Island	Kelsey Bay	25.7	3:40	
Minstrel Island	Laura Bay	30.4	4:21	via Tribune Channel
Minstrel Island	Port Neville	19.8	2:50	
Minstrel Island	Simoom Sound	31.7	4:32	via Tribune Channel
Minstrel Island	Wahkana Bay	19.4	2:46	
Montague Harbour, Galiano Is.	Active Pass	5.4	0:46	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Montague Harbour, Galiano Is.	Anacortes, Fidalgo Island	45.2	6:27	via Swanson Channel and Bedwell Harbour, S. Pender
Montague Harbour, Galiano Is.	Bedwell Harbour, S. Pender Is.	13.5	1:56	via Swanson Channel
Montague Harbour, Galiano Is.	Bedwell Harbour, S. Pender Is.	13.6	1:57	via Pender Canal
Montague Harbour, Galiano Is.	Blaine	29.1	4:09	via Active Pass
Montague Harbour, Galiano Is.	Brentwood Bay	23.1	3:18	via Captain Passage
Montague Harbour, Galiano Is.	Cadboro Bay, Victoria	30.2	4:19	
Montague Harbour, Galiano Is.	Chemainus	14.9	2:08	via Houstoun Passage
Montague Harbour, Galiano Is.	Conover Cove, Wallace Is.	6.8	0:58	
Montague Harbour, Galiano Is.	Cowichan Bay	20.9	2:59	via Satellite Channel
Montague Harbour, Galiano Is.	Crofton	14.2	2:02	via Houstoun Passage
Montague Harbour, Galiano Is.	Dodd Narrows	22.6	3:14	
Montague Harbour, Galiano Is.	Friday Harbor	28.7	4:06	
Montague Harbour, Galiano Is.	Gabriola Passage	20.5	2:56	
Montague Harbour, Galiano Is.	Ganges, Saltspring Is.	7.2	1:02	
Montague Harbour, Galiano Is.	Ladysmith	20.9	2:59	via Houstoun Passage
Montague Harbour, Galiano Is.	Ladysmith	21.8	3:07	via North of Thetis island
Montague Harbour, Galiano Is.	Lyall Harbour	10.7	1:32	
Montague Harbour, Galiano Is.	Maple Bay	18.5	2:39	via Houstoun Passage
Montague Harbour, Galiano Is.	Maple Bay	24.5	3:30	via Satellite Passage
Montague Harbour, Galiano Is.	Nanaimo	27.6	3:57	
Montague Harbour, Galiano Is.	Oak Bay	30.9	4:25	
Montague Harbour, Galiano Is.	Pirates Cove, De Courcy Is.	19.1	2:44	
Montague Harbour, Galiano Is.	Porlier Pass	11.4	1:38	
Montague Harbour, Galiano Is.	Port Browning	12.6	1:48	via Navy Channel
Montague Harbour, Galiano Is.	Reid Harbor, Stuart Is.	21.7	3:06	via Pender canal, Bedwell Harbour & Johns Pass
Montague Harbour, Galiano Is.	Sidney	16.1	2:18	
Montague Harbour, Galiano Is.	Silva Bay, Gabriola Is.	22.3	3:11	
Montague Harbour, Galiano Is.	Steveston, Lulu Island	29.2	4:10	via Porlier Pass
Montague Harbour, Galiano Is.	Telegraph Harbour, Thetis Is.	15.5	2:13	via Houstoun Passage
Montague Harbour, Galiano Is.	Telegraph Harbour, Thetis Is.	20.5	2:56	via North end Thetis Is.

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Montague Harbour, Galiano Is.	Victoria	38.8	5:33	
Nanaimo	Alert Bay, Cormorant Is.	158.5	22:39	via Campbell River
Nanaimo	Anacortes, Fidalgo Island	71.4	10:12	via Bedwell Harbour, S. Pender Is.
Nanaimo	Ballet Bay, Nelson Island	39.3	5:37	via the Ballenas Islands
Nanaimo	Bedwell Harbour, S. Pender Is.	39.7	5:40	via Swanson Channel
Nanaimo	Bedwell Harbour, S. Pender Is.	40.3	5:45	via Navy Channel and Pender Canal
Nanaimo	Bellingham	69.8	9:58	via Hale Passage, Navy Channel & Dodd Narrows
Nanaimo	Birch Bay	50.8	7:15	via Porlier Pass
Nanaimo	Blaine	51.5	7:21	
Nanaimo	Blind Channel, W. Thurlow Is.	107.3	15:20	via Campbell River
Nanaimo	Blind Channel, W. Thurlow Is.	110.3	15:45	Via Refuge Cove
Nanaimo	Cadboro Bay, Victoria	55.9	7:59	via Dodd Narrows
Nanaimo	Campbell River	77.7	11:06	
Nanaimo	Cape Cockburn	35.0	5:00	avoiding WG
Nanaimo	Chatterbox Falls	78.7	11:15	via Pender harbour
Nanaimo	Clam Bay	17.2	2:27	
Nanaimo	Comox	51.6	7:22	
Nanaimo	Conover Cove, Wallace Is.	21.9	3:08	Wallace Island
Nanaimo	Cortes Bay	71.9	10:16	Cortes Island
Nanaimo	Cowichan Bay	34.0	4:51	via Dodd Narrows
Nanaimo	Deep Bay	40.0	5:43	
Nanaimo	Denman Island	44.1	6:18	
Nanaimo	Des Moines	141.5	20:13	via Deception Pass
Nanaimo	Desolation Sound	69.4	9:55	To Sarah Point, avoiding WG
Nanaimo	Dodd Narrows	5.3	0:45	
Nanaimo	Earls Cove	41.0	5:51	
Nanaimo	Echo Bay, Gilford Is.	165.9	23:42	via Campbell River & Havannah Channel
Nanaimo	Egmont	40.7	5:49	via S. Thormanby Is.
Nanaimo	False Bay (Lasqueti Is.)	28.4	4:03	
Nanaimo	False Creek, Vancouver	33.9	4:51	Crossing Strait of georgia

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Nanaimo	Fishermans Bay, West Vancouver	29.6	4:14	
Nanaimo	Ford Cove, Hornby, Is.	38.0	5:26	
Nanaimo	French Creek	22.2	3:10	
Nanaimo	Friday Harbor, San Juan Is.	54.3	7:45	
Nanaimo	Ganges, Saltspring Is.	33.2	4:45	
Nanaimo	Genoa Bay	33.6	4:48	via Dodd & Sansum Narrows
Nanaimo	Gibsons	23.0	3:17	Accross Strait of Georgia
Nanaimo	Gorge Harbour	77.1	11:01	via Lambert Channel
Nanaimo	Horseshoe Bay	30.3	4:20	Accross Strait of Georgia
Nanaimo	Jedediah Island	24.9	3:33	Avoiding Whisky Golf
Nanaimo	Kingston	119.9	17:08	via Bedwell Harbour & Deception Pass
Nanaimo	La Conner, Swinomish Channel	76.9	10:59	
Nanaimo	Ladysmith	18.4	2:38	via Dodd Narrows
Nanaimo	Long Harbour	31.0	4:26	Long Harbour on Saltspring Is.
Nanaimo	Lund	63.5	9:04	Avoiding WG
Nanaimo	Malibu Rapids	71.9	10:16	Avoiding WG
Nanaimo	Montague Harbour	27.6	3:57	
Nanaimo	Nanoose Harbour	10.9	1:33	Pimbury Pt. to Fleet Pt.
Nanaimo	Narrows Marina	140.7	20:06	via Port Townsend
Nanaimo	Northwest Bay	17.9	2:33	
Nanaimo	Oak Bay, Victoria	57.8	8:15	via Dodd Narrows
Nanaimo	Otter Bay, N Pender Is.	34.1	4:52	
Nanaimo	Patos Island	45.9	6:33	via Dodd Narrows and Porlier Pass
Nanaimo	Pender Harbour	33.7	4:49	via Ballenas Is.
Nanaimo	Parksville	20.8	2:58	
Nanaimo	Pender Harbour	31.0	4:26	via S. Thormanby Is.
Nanaimo	Parksville	20.8	2:58	
Nanaimo	Patos Island	45.9	6:33	via Porlier Pass & Dodd Narrows
Nanaimo	Point Defiance Launch Ramp	139.2	19:53	via Bedwell Harbour & Port Townsend
Nanaimo	Point Roberts	38.8	5:33	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Nanaimo	Port Angeles	77.2	11:02	via Dodd Narrows and Trincomali Channel
Nanaimo	Port Browning, N Pender Is.	39.2	5:36	via Navy Channel
Nanaimo	Port Hardy	182.3	26:03	
Nanaimo	Port Ludlow	95.0	13:34	via Admiralty Inlet, Haro Strait & Trincomali Channel
Nanaimo	Port McNeill	164.6	23:31	via Seymour Narrows
Nanaimo	Port Townsend	85.8	12:15	
Nanaimo	Prevost Island	29.5	4:13	James Bay via Trincomalli Channel
Nanaimo	Prieaux Haven	78.3	11:11	via Malaspina Strait
Nanaimo	Prince Rupert	468.7	66:57	via Port Hardy & Shearwater
Nanaimo	Princess Louisa Inlet	79.6	11:22	Avoiding WG via Egmont to Chatterbox Falls
Nanaimo	Refuge Cove, W Redonda Is.	70.5	10:04	
Nanaimo	Roche Harbor, San Juan Is.	46.9	6:42	
Nanaimo	Rosario, Orcas Island	62.1	8:52	via Bedwell Harbour
Nanaimo	Sarah Point	69.4	9:55	Avoiding WG
Nanaimo	Shilshole Bay, Seattle	124.2	17:45	
Nanaimo	Schooner Cove	12.6	1:48	From Inner Harbour
Nanaimo	Secret Cove	23.3	3:20	through WG
Nanaimo	Secret Cove	29.0	4:09	around WG
Nanaimo	Sidney	42.0	6:00	via Dodd Narrows
Nanaimo	Silva Bay, Gabriola Is.	15.1	2:09	via Dodd Narrows
Nanaimo	Silva Bay, Gabriola Is.	12.0	1:43	via Entrance Island
Nanaimo	Snug Cove, Bowen Island	29.0	4:09	Crossing Strait of Georgia
Nanaimo	Sointula, Malcolm Island	168.3	24:03	via Campbell River & Port McNeill
Nanaimo	Steveston, Lulu Island	32.3	4:37	via Entrance Island
Nanaimo	Sullivan Bay	187.2	26:45	via Big Bay
Nanaimo	Tacoma, Pt. Defiance Launch Ramp	139.2	19:53	via Bedwell harbour & Port Townsend
Nanaimo	Telegraph Cove, Vancouver Is.	154.5	22:04	via Campbell River
Nanaimo	Telegraph Harbour, Thetis Is.	18.5	2:39	
Nanaimo	Toba Inlet	93.1	13:18	via Prideaux Haven
Nanaimo	Tribune Bay	36.5	5:13	on Hornby Is.

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Nanaimo	Vancouver	35.6	5:05	Crossing Strait of Georgia
Nanaimo	Victoria	66.3	9:28	via Trincomali Channel
Nanaimo	Westview, by Powell River	51.6	7:22	avoiding WG
Nanaimo	White Rock	50.7	7:15	
Nanoose Harbour	Comox	45.2	6:27	
Nanoose Harbour	Ford Cove, Hornby Is.	29.6	4:14	
Nanoose Harbour	Nanaimo	13.3	1:54	
Nanoose Harbour	Silva Bay, Gabriola Island	19.8	2:50	via Forwood Channel
Nimmo Bay	Sullivan Bay, N Broughton Is.	12.0	1:43	
Nimmo Bay Resort	Sullivan Bay, N Broughton Is.	11.5	1:39	
Northwest Bay	Comox	37.8	5:24	
Northwest Bay	Deep Bay	24.3	3:28	
Northwest Bay	Hornby Island	22.2	3:10	
Northwest Bay	Nanaimo	17.9	2:33	To Newcastle
Oak Bay, Victoria	Alert Bay, Cormorant Island	211.6	30:14	via Campbell River
Oak Bay, Victoria	Anacortes, Fidalgo Island	32.2	4:36	
Oak Bay, Victoria	Bedwell Harbour	20.7	2:57	via Haro Strait
Oak Bay, Victoria	Brentwood Bay	31.2	4:27	
Oak Bay, Victoria	Comox	111.2	15:53	via Nanaimo
Oak Bay, Victoria	Dodd Narrows	52.5	7:30	
Oak Bay, Victoria	Friday Harbor	23.0	3:17	
Oak Bay, Victoria	Ganges, Saltspring Is.	31.1	4:27	
Oak Bay, Victoria	Montague Harbour	30.9	4:25	
Oak Bay, Victoria	Nanaimo	57.8	8:15	via Dodd Narrows
Oak Bay, Victoria	Otter Bay, N. Pender Is.	24.7	3:32	
Oak Bay, Victoria	Port Angeles	20.3	2:54	Crossing Strait of Juan de Fuca
Oak Bay, Victoria	Port Browning, N Pender Is.	26.0	3:43	via Plumper Sound
Oak Bay, Victoria	Port Townsend	31.7	4:32	Crossing Strait of Juan de Fuca
Oak Bay, Victoria	Roche Harbor, San Juan Island	13.1	1:52	via Mosquito Pass
Oak Bay, Victoria	Rosario, Orcas Island	28.4	4:03	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Oak Bay, Victoria	Victoria Inner Harbour	7.4	1:03	via Enterprise Channel
Octopus Islands	Big Bay, Stuart Island	9.4	1:21	via Hole In The Wall
Octopus Islands	Blind Channel, W. Thurlow Is.	20.7	2:57	via Johnstone Strait
Octopus Islands	Cameleon Harbour	16.8	2:24	via Okisollo Channel
Octopus Islands	Campbell River	24.7	3:32	via Seymour Narrows
Octopus Islands	Comox	45.9	6:33	
Octopus Islands	Cordero Lodge	23.4	3:21	via Mayne Passage
Octopus Islands	False Bay (Lasqueti Is.)	61.0	8:43	
Octopus Islands	Forward Harbour	33.5	4:47	via Johnstone Strait
Octopus Islands	Gorge Harbour	18.5	2:39	via Surge Narrows
Octopus Islands	Heriot Bay	13.5	1:56	
Octopus Islands	Kelsey Bay	32.3	4:37	
Octopus Islands	Owen Bay, Sonora Island	3.0	0:26	via Upper Rapids
Octopus Islands	Port Neville	39.4	5:38	via Race Passage
Octopus Islands	Prideaux Haven	30.5	4:21	via Waddington Channel
Octopus Islands	Refuge Cove, W Redonda Is.	22.6	3:14	via Hole In The Wall
Octopus Islands	Surge Narrows	5.6	0:48	To Beazley Pass
Octopus Islands	Surge Narrows	5.6	0:48	To Beazley Pass
Octopus Islands	Toba Inlet	38.3	5:28	end of inlet
Octopus Islands	Toba Wilderrest	19.2	2:45	
Octopus Islands	Von Dunop Inlet	18.5	2:39	via Hole In The wall
Octopus Islands	Von Dunop Inlet	21.5	3:04	via Surge Narrows
Octopus Islands	Walsh Cove, W Redonda Is.	21.0	3:00	via Hole In The Wall
Octopus Islands	Whaletown, Cortes Is.	15.5	2:13	via Beazley Passage
Otter Bay, N Pender Is.	Active Pass	6.2	0:53	
Otter Bay, N Pender Is.	Bedwell Harbour, S. Pender Is.	7.1	1:01	via Swanson Channel
Otter Bay, N Pender Is.	Bedwell Harbour, S. Pender Is.	10.3	1:28	via Pender Canal
Otter Bay, N Pender Is.	Butchart Gardens	17.2	2:27	
Otter Bay, N Pender Is.	Cadboro Bay	24.3	3:28	via Haro Strait
Otter Bay, N Pender Is.	Conover Cove, Wallace Is.	13.5	1:56	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Otter Bay, N Pender Is.	Cowichan Bay	15.0	2:09	
Otter Bay, N Pender Is.	Dodd Narrows	29.0	4:09	
Otter Bay, N Pender Is.	Friday Harbor, San Juan Is.	21.2	3:02	
Otter Bay, N Pender Is.	Fulford Harbour, Saltspring Is.	7.4	1:03	
Otter Bay, N Pender Is.	Ganges, Saltspring Is.	8.6	1:14	
Otter Bay, N Pender Is.	Genoa Bay	14.7	2:06	
Otter Bay, N Pender Is.	Maple Bay	18.7	2:40	via Sansum Narrows
Otter Bay, N Pender Is.	Nanaimo	34.1	4:52	
Otter Bay, N Pender Is.	Oak Bay, Victoria	24.7	3:32	
Otter Bay, N Pender Is.	Porlier Pass	17.8	2:33	
Otter Bay, N Pender Is.	Port Browning, N Pender Is.	9.1	1:18	via Navy Channel
Otter Bay, N Pender Is.	Roche Harbor, San Juan Is.	13.9	1:59	via Turn Point
Otter Bay, N Pender Is.	Roche Harbor, San Juan Is.	15.1	2:09	via Johns Pass
Otter Bay, N Pender Is.	Sidney	10.1	1:27	
Otter Bay, N Pender Is.	Silva Bay, Gabriola Is.	28.9	4:08	
Otter Bay, N Pender Is.	Steveston, Lulu Is.	26.2	3:45	via Active Pass
Otter Bay, N Pender Is.	Steveston, Lulu Is.	36.5	5:13	via Porlier Pass
Otter Bay, N Pender Is.	Telegraph Harbour, Thetis Is.	21.4	3:03	
Otter Bay, N Pender Is.	Tsehum Harbour	9.6	1:22	
Otter Bay, N.Pender Is.	Westview, by Powell River	86.6	12:22	via Nanaimo
Otter Bay, N.Pender Is.	White Rock	31.9	4:33	via Boundry Passage
Owen Bay, Sonora Island	Thurston Bay	14.6	2:05	
Owen Bay, Sonora Island	Octopus Islands	3.0	0:26	via Upper Rapids
Page Point Marina	Ford Cove, Hornby Is.	57.2	8:10	via Nanaimo
Parksville	Nanaimo	20.8	2:58	
Parksville	Schooner Cove	8.5	1:13	
Parksville	Tribune Bay, Hornby Is.	17.2	2:27	
Pender Harbour	Anacortes	105.0	15:00	via Nanaimo and Bedwell Harbour
Pender Harbour	Ballet Bay, Nelson Island	11.4	1:38	
Pender Harbour	Beach Garden Marina	21.9	3:08	from Hospital Bay

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Pender Harbour	Big Bay	66.5	9:30	
Pender Harbour	Blaine	71.2	10:10	via Welcome Passage
Pender Harbour	Campbell River	54.9	7:51	via Algerine Passage
Pender Harbour	Chatterbox Falls	44.9	6:25	
Pender Harbour	Comox	42.7	6:06	via N tip Texada Island
Pender Harbour	Comox	44.7	6:23	via S tip Texada Island
Pender Harbour	Copeland Islands	39.9	5:42	
Pender Harbour	Cortes Bay	45.2	6:27	
Pender Harbour	Deep Bay	37.3	5:20	via Sabine Channel
Pender Harbour	Egmont	13.6	1:57	
Pender Harbour	False Bay (Lasqueti Is.)	24.2	3:27	
Pender Harbour	False Creek, Vancouver	46.1	6:35	via Welcome Passage
Pender Harbour	French Creek	23.5	3:21	
Pender Harbour	Friday Harbor, San Juan Is.	89.6	12:48	via Bedwell Harbour and Nanaimo
Pender Harbour	Gabriola Passage	36.2	5:10	avoiding WG
Pender Harbour	Gibsons	31.0	4:26	
Pender Harbour	Gorge Harbour, Cortes Is.	51.7	7:23	
Pender Harbour	Grief Point	21.9	3:08	Beach Gardens Marina
Pender Harbour	Lund	36.7	5:15	
Pender Harbour	Malibu Rapids	41.3	5:54	From Madeira Park
Pender Harbour	Nanaimo	33.7	4:49	via Ballenas Is.
Pender Harbour	Nanaimo	31.0	4:26	via S. Thormanby Is.
Pender Harbour	Point Roberts	59.7	8:32	
Pender Harbour	Port Hardy	161.6	23:05	via Campbell River
Pender Harbour	Prideaux Haven	50.1	7:09	
Pender Harbour	Princess Louisa Inlet	44.9	6:25	
Pender Harbour	Refuge Cove, W Redonda Is.	46.0	6:34	
Pender Harbour	Roche Harbor	83.5	11:56	via Nanaimo and Bedwell Harbour
Pender Harbour	Sarah Point	42.9	6:08	
Pender Harbour	Savary Island	36.5	5:13	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Pender Harbour	Schooner Cove	22.1	3:09	
Pender Harbour	Savary Island	36.5	5:13	
Pender Harbour	Secret Cove	9.8	1:24	
Pender Harbour	Sidney	74.2	10:36	via Nanaimo & S. Thormanby Is.
Pender Harbour	Sidney	76.8	10:58	via Nanaimo & avoiding WG
Pender Harbour	Silva Bay	34.3	4:54	avoiding WG
Pender Harbour	Steveston, Lulu Is.	50.9	7:16	via Welcome Passage
Pender Harbour	Telegraph Harbour	49.6	7:05	via Nanaimo thru Whiskey Golf
Pender Harbour	Telegraph Harbour	52.2	7:27	via Nanaimo avoiding Whiskey Golf
Pender Harbour	Thunder Bay	14.3	2:03	via Malaspina Strait
Pender Harbour	Vancouver	47.5	6:47	
Pender Harbour	Westview	24.6	3:31	
Pendrell Sound	Campbell River	33.8	4:50	via Baker Passage
Pendrell Sound	Lund	21.9	3:08	
Pendrell Sound	Refuge Cove, W Redonda Is.	14.6	2:05	
Pendrell Sound	Roscoe Bay, W Redonda Is.	9.1	1:18	
Pendrell Sound	Squirrel Cove	17.3	2:28	
Pendrell Sound	Walch Cove	10.9	1:33	
Pirates Cove, De Courcy Is.	Chemainus	11.4	1:38	via Ruxton Passage
Pirates Cove, De Courcy Is.	Dodd Narrows	6.2	0:53	via Ruxton Passage
Pirates Cove, De Courcy Is.	Gabriola Passage	2.7	0:23	
Pirates Cove, De Courcy Is.	Ganges, Saltspring Is.	24.4	3:29	via Captain Passage
Pirates Cove, De Courcy Is.	Ladysmith	12.0	1:43	via Ruxton Passage
Pirates Cove, De Courcy Is.	Montague Harbour	19.1	2:44	
Pirates Cove, De Courcy Is.	Porlier Pass	8.6	1:14	
Pirates Cove, De Courcy Is.	Silva Bay	4.6	0:39	
Pirates Cove, De Courcy Is.	Anacortes, Fidalgo Island	31.7	4:32	via Pole Pass
Pirates Cove, De Courcy Is.	Bellingham	33.5	4:47	
Pirates Cove, De Courcy Is.	Blaine	26.3	3:45	
Pirates Cove, De Courcy Is.	Blakely Is. Marina	20.0	2:51	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Pirates Cove, De Courcy Is.	Brentwood Bay	19.2	2:45	
Pirates Cove, De Courcy Is.	Butchart Gardens	19.6	2:48	
Pirates Cove, De Courcy Is.	Canoe Cove Marina	9.0	1:17	
Pirates Cove, De Courcy Is.	Clam Bay	24.1	3:27	Thetis/Kuper Is.
Pirates Cove, De Courcy Is.	Conover Cove, Wallace Is.	18.6	2:39	
Pirates Cove, De Courcy Is.	Cornet Bay, Whidbey Is.	34.3	4:54	via Pole Pass
Pirates Cove, De Courcy Is.	Cowichan Bay	17.1	2:27	
Pirates Cove, De Courcy Is.	Deception Pass	32.5	4:39	via Pole Pass
Pirates Cove, De Courcy Is.	Deer Harbor, Orcas Is.	13.1	1:52	
Pirates Cove, De Courcy Is.	Dodd Narrows	34.4	4:55	
Pirates Cove, De Courcy Is.	Edmonds, WA	75.8	10:50	via Deception Pass
Pirates Cove, De Courcy Is.	Elliott Bay Marina, Seattle	81.2	11:36	
Pirates Cove, De Courcy Is.	Everett	66.9	9:33	via Deception Pass
Poet's Cove, S. Pender Is.	Friday Harbor, San Juan Is.	15.9	2:16	
Poet's Cove, S. Pender Is.	Fulford Harbour, Saltspring Is.	10.4	1:29	
Poet's Cove, S. Pender Is.	Ganges, Saltspring Is.	13.8	1:58	
Poet's Cove, S. Pender Is.	Garrison Bay	11.9	1:42	
Poet's Cove, S. Pender Is.	Genoa Bay	16.9	2:25	via north of Portland Island
Poet's Cove, S. Pender Is.	La Conner, WA	41.0	5:51	via Wasp Passage
Poet's Cove, S. Pender Is.	Ladysmith	32.2	4:36	
Poet's Cove, S. Pender Is.	Long Harbour	12.8	1:50	Long Harbour on Saltspring Is.
Poet's Cove, S. Pender Is.	Maple Bay	21.0	3:00	via Sansum Narrows
Poet's Cove, S. Pender Is.	Matia Island	16.1	2:18	crossing Boundary Pass
Poet's Cove, S. Pender Is.	Montague Harbour	13.5	1:56	via Swanson Channel
Poet's Cove, S. Pender Is.	Montague Harbour	13.6	1:57	via Pender Canal
Poet's Cove, S. Pender Is.	Nanaimo	39.7	5:40	via Swanson Channel
Poet's Cove, S. Pender Is.	Nanaimo	40.3	5:45	via Pender Canal and Navy Channel
Poet's Cove, S. Pender Is.	Oak Bay, Vancouver Is.	20.7	2:57	via Haro Strait
Poet's Cove, S. Pender Is.	Oak Harbor, Whidbey Is.	51.6	7:22	via Deception Pass and Harney Channel
Poet's Cove, S. Pender Is.	Otter Bay, N Pender Is.	7.1	1:01	via Swanson Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Poet's Cove, S. Pender Is.	Otter Bay, N Pender Is.	10.3	1:28	via Pender Canal
Poet's Cove, S. Pender Is.	Orcas, Orcas Island	15.4	2:12	via Pole Pass
Poet's Cove, S. Pender Is.	Point Defiance Launch Ramp	107.4	15:21	via Cornet Bay
Poet's Cove, S. Pender Is.	Point Roberts	20.6	2:57	
Poet's Cove, S. Pender Is.	Port Angeles	40.0	5:43	via Haro Strait
Poet's Cove, S. Pender Is.	Port Browning, N Pender Is.	2.6	0:22	via Pender Canal
Poet's Cove, S. Pender Is.	Port Browning, N Pender Is.	8.1	1:09	avoiding Pender Canal
Poet's Cove, S. Pender Is.	Port Townsend	45.7	6:32	
Poet's Cove, S. Pender Is.	Prevost Harbor, Stuart Is.	4.6	0:39	
Poet's Cove, S. Pender Is.	Princess Louisa Inlet	114.9	16:25	via Nanaimo & Egmont
Poet's Cove, S. Pender Is.	Reid Harbor, Stuart Is.	8.5	1:13	via South side Stuart Is.
Poet's Cove, S. Pender Is.	Reid Harbor, Stuart Is.	8.0	1:09	via North side Stuart Is.
Poet's Cove, S. Pender Is.	Roche Harbor, San Juan Is.	9.8	1:24	
Poet's Cove, S. Pender Is.	Sandy Point, Whatcom Co.	21.9	3:08	
Poet's Cove, S. Pender Is.	Sequim	42.8	6:07	
Poet's Cove, S. Pender Is.	Shilshole Bay, Seattle	84.3	12:03	
Poet's Cove, S. Pender Is.	Sidney	9.2	1:19	
Poet's Cove, S. Pender Is.	Silva Bay, Gabriola Is.	37.2	5:19	
Poet's Cove, S. Pender Is.	Skyline Marina	28.0	4:00	
Poet's Cove, S. Pender Is.	Sucia Is.	14.2	2:02	
Poet's Cove, S. Pender Is.	Swartz Bay	8.9	1:16	
Poet's Cove, S. Pender Is.	Telegraph Harbour, Thetis Is.	27.4	3:55	
Poet's Cove, S. Pender Is.	Tsehum Harbour	9.0	1:17	
Poet's Cove, S. Pender Is.	West Sound, Orcas Is.	16.1	2:18	
Poet's Cove, S. Pender Is.	Westview (Powell River)	91.7	13:06	via Nanaimo & avoiding WG
Poet's Cove, S. Pender Is.	Winter Cove	6.6	0:57	
Point Atkinson	Desolation Sound	78.7	11:15	via Welcome Passage
Point Atkinson	Porlier Pass	22.9	3:16	
Point Atkinson	Reed Point Marina	15.4	2:12	
Point Atkinson	Secret Cove	32.4	4:38	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Point Atkinson	Silva Bay	20.5	2:56	via Commodore Passage
Porlier Pass	Cadboro Bay, Victoria	39.5	5:39	
Porlier Pass	Clam Bay	3.0	0:26	
Porlier Pass	Conover Cove, Wallace Is.	6.6	0:57	
Porlier Pass	Cowichan Bay	18.9	2:42	via Sansum Narrows
Porlier Pass	False Creek (Vancouver)	27.0	3:51	
Porlier Pass	Ganges, Saltspring Is.	16.5	2:21	
Porlier Pass	Gibsons	23.7	3:23	
Porlier Pass	Horseshoe Bay	26.2	3:45	
Porlier Pass	Ladner	22.5	3:13	crossing Strait of Georgia
Porlier Pass	Ladysmith	11.6	1:39	
Porlier Pass	Maple Bay, Vancouver Is.	13.6	1:57	
Porlier Pass	Montague Harbour	11.4	1:38	
Porlier Pass	Otter Bay, N. Pender Is.	17.8	2:33	
Porlier Pass	Point Atkinson	22.9	3:16	
Porlier Pass	Pirates Cove	8.6	1:14	
Porlier Pass	Sand Heads	12.5	1:47	
Porlier Pass	Secret Cove, Sunshine Coast	35.7	5:06	
Porlier Pass	Telegraph Harbour	10.3	1:28	either direction
Porlier Pass	White Rock	32.3	4:37	
Portland Island	Canoe Cove Marina	3.1	0:27	Princess Margaret Marine Park
Portland Island	Roche Harbor	10.9	1:33	
Portland Island	Sidney	5.1	0:44	
Port Browning, N Pender Is.	Active Pass	10.7	1:32	
Port Browning, N Pender Is.	Anacortes, Fidalgo Island	35.7	5:06	
Port Browning, N Pender Is.	Bedwell Harbour, S. Pender Is.	2.6	0:22	via Pender Canal
Port Browning, N Pender Is.	Bedwell Harbour, S. Pender Is.	8.1	1:09	avoiding Pender Canal
Port Browning, N Pender Is.	Bellingham	37.2	5:19	via Plumper Sound
Port Browning, N Pender Is.	Blaine	27.1	3:52	via Plumper Sound
Port Browning, N Pender Is.	Conover Cove, Wallace Is.	17.9	2:33	via Navy Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Port Browning, N Pender Is.	Dodd Narrows	33.8	4:50	
Port Browning, N Pender Is.	Friday Harbor, San Juan Is.	18.2	2:36	via Pender Canal
Port Browning, N Pender Is.	Friday Harbor, San Juan Is.	18.9	2:42	via Plumper Sound
Port Browning, N Pender Is.	Fulford Harbour	12.6	1:48	via Pender Canal
Port Browning, N Pender Is.	Fulford Harbour	15.3	2:11	via Navy Channel
Port Browning, N Pender Is.	Ganges, Saltspring Is.	13.9	1:59	via Navy Channel
Port Browning, N Pender Is.	Ladysmith	32.2	4:36	
Port Browning, N Pender Is.	Lyall Harbour	4.7	0:40	
Port Browning, N Pender Is.	Maple Bay Marina	23.2	3:19	via Pender Canal
Port Browning, N Pender Is.	Nanaimo	39.2	5:36	via Navy Channel
Port Browning, N Pender Is.	Oak Bay, Victoria	26.0	3:43	via Plumper Sound
Port Browning, N Pender Is.	Otter Bay, N Pender Is.	9.1	1:18	via Navy Channel
Port Browning, N Pender Is.	Telegraph Harbour, Thetis Is.	26.2	3:45	via Navy Channel
Port Browning, N Pender Is.	Roche Harbor, San Juan Is.	13.2	1:53	
Port Browning, N Pender Is.	Shilshole Bay, Seattle	79.8	11:24	via Roche Harbor and Admiralty Inlet
Port Browning, N Pender Is.	Shilshole Bay, Seattle	91.6	13:05	via Roche Harbor and Deception Pass
Port Browning, N Pender Is.	Sidney	11.8	1:41	via Pender Canal
Port Browning, N Pender Is.	White Rock	25.0	3:34	via Boat Pass
Port Browning, N Pender Is.	Winter Cove	5.4	0:46	
Port Hardy	Alert Bay, Cormorant Is.	25.4	3:38	via Haddington Passage
Port Hardy	Anacortes, Fidalgo Island	249.6	35:39	via Strait of Georgia
Port Hardy	Bellingham	252.9	36:08	via Nanaimo and Campbell River
Port Hardy	Campbell River	106.0	15:09	
Port Hardy	Cape Caution	31.5	4:30	
Port Hardy	Dawsons Landing	61.5	8:47	
Port Hardy	Everett	305.5	43:39	via Nanaimo and Bedwell Harbour
Port Hardy	Friday Harbor, San Juan Is.	242.3	34:37	via Campbell River and Nanaimo
Port Hardy	Nanaimo	182.3	26:03	
Port Hardy	Pender Harbour	161.6	23:05	via Campbell River
Port Hardy	Point Roberts	221.1	31:35	via Discovery Passage & Nanaimo

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Port Hardy	Port McNeill	22.2	3:10	
Port Hardy	Refuge Cove, W Redonda Is.	121.6	17:22	
Port Hardy	Rivers Inlet	80.5	11:30	
Port Hardy	Roche Harbor, San Juan Island	230.2	32:53	via Nanaimo
Port Hardy	Seattle, Shilshole Bay	306.5	43:47	via Nanaimo and Bedwell Harbour
Port Hardy	Sidney	226.8	32:24	via Campbell River
Port Hardy	Steveston, Lulu Island	210.8	30:07	
Port Hardy	Sullivan Bay, N Broughton Is.	29.1	4:09	
Port Hardy	Vancouver, Coal Harbour	203.7	29:06	via Campbell River
Port Hardy	Victoria	248.6	35:31	via Campbell River & Nanaimo
Port Harvey	Echo Bay, Gilford Island	33.2	4:45	via Retreat Passage
Port Harvey	Forward Harbour	27.0	3:51	
Port Harvey	Kelsey Bay	19.1	2:44	
Port Harvey	Port Neville	12.6	1:48	
Port Harvey	Root Point, E Cracroft Is.	6.6	0:57	
Port Harvey	Telegraph Cove, Vancouver Is.	23.8	3:24	
Port McNeill	Alert Bay, Cormorant Is.	6.1	0:52	
Port McNeill	Anacortes	236.9	33:51	via Campbell River and Nanaimo
Port McNeill	Blind Channel	64.2	9:10	via Johnstone Strait
Port McNeill	Campbell River	86.5	12:21	
Port McNeill	Echo Bay, Gilford Island	26.3	3:45	
Port McNeill	Kwatsi Bay	38.5	5:30	via Retreat Passage
Port McNeill	Kingcome Inlet	52.7	7:32	via Retreat Passage
Port McNeill	Lagoon Cove, E Cracroft Is.	31.4	4:29	via Baronet Passage
Port McNeill	Nanaimo	164.6	23:31	via Seymour Narrows
Port McNeill	Olympia	325.3	46:28	via Campbell River and Nanaimo
Port McNeill	Port Hardy	22.2	3:10	
Port McNeill	Potts Lagoon	25.0	3:34	via Baronet Passage
Port McNeill	Shawl Bay	34.0	4:51	via Cramer Passage
Port McNeill	Shawl Bay	34.5	4:56	via Fife Sound

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Port McNeill	Sointula, Malcolm Is.	3.7	0:32	
Port McNeill	Sullivan Bay, N Broughton Is.	27.0	3:51	via Wells Passage
Port McNeill	Vancouver, Coal Harbour	184.6	26:22	
Port Moody	Bellingham	76.8	10:58	
Port Moody	Blaine	55.0	7:51	
Port Moody	Vancouver	9.3	1:20	
Port Neville	Alert Bay	34.3	4:54	
Port Neville	Big Bay	42.7	6:06	via Blind Channel
Port Neville	Blind Channel	26.1	3:44	
Port Neville	Broken Islands	8.9	1:16	
Port Neville	Campbell River	48.0	6:51	
Port Neville	Chatham Point	27.8	3:58	
Port Neville	Cordero Lodge	27.3	3:54	via Wellbore Channel
Port Neville	Forward Harbour	13.8	1:58	to Douglas Bay
Port Neville	Kwatsi Bay	40.0	5:43	
Port Neville	Lagoon Cove, E Cracroft Is.	21.0	3:00	
Port Neville	Minstrel Is.	19.8	2:50	
Port Neville	Octopus Is.	39.4	5:38	via Race Passage
Port Neville	Port Harvey	12.6	1:48	
Port Neville	Refuge Cove	63.0	9:00	via Blind Channel
Port Neville	Whirlpool Rapids	13.6	1:57	
Port Renfrew	Port Angeles	54.5	7:47	
Port Washington, N. Pender Is.	Ladysmith	25.2	3:36	
Potts Lagoon, W Cracroft Is.	Alert Bay, Cormorant Island	19.4	2:46	via Baronet Passage
Potts Lagoon, W Cracroft Is.	Echo Bay, Gilford Island	20.4	2:55	
Potts Lagoon, W Cracroft Is.	Lagoon Cove, E Cracroft Is.	7.2	1:02	
Potts Lagoon, W Cracroft Is.	Port McNeill	25.0	3:34	via Baronet Passage
Potts Lagoon, W Cracroft Is.	Root Point, E Cracroft Is.	12.4	1:46	
Potts Lagoon, W Cracroft Is.	Telegraph Cove	15.1	2:09	via Baronet Passage
Prevost Island	Nanaimo	29.5	4:13	From James Bay via Trincomalli Channel

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Prideaux Haven	Ballet Bay, Nelson Island	43.8	6:15	
Prideaux Haven	Big Bay, Stuart Island	29.1	4:09	via Waddington Channel
Prideaux Haven	Blind Channel	45.3	6:28	
Prideaux Haven	Campbell River	26.4	3:46	
Prideaux Haven	Copeland Islands	12.1	1:44	
Prideaux Haven	Cortes Bay, Cortes Is.	11.8	1:41	
Prideaux Haven	Egmont, Skoomchuck Narrows	55.0	7:51	via Lund
Prideaux Haven	French Creek	56.2	8:02	via Shearwater Passage
Prideaux Haven	Gorge Harbour	22.4	3:12	via Baker Passage
Prideaux Haven	Grace Harbour	11.1	1:35	
Prideaux Haven	Grief Point (Beach Garden Marina)	29.2	4:10	
Prideaux Haven	Lund	14.5	2:04	
Prideaux Haven	Nanaimo	78.3	11:11	via Malaspina Strait
Prideaux Haven	Octopus Islands	30.5	4:21	via Waddington Channel
Prideaux Haven	Pender Harbour	50.1	7:09	
Prideaux Haven	Refuge Cove, W Redonda Is.	8.0	1:09	
Prideaux Haven	Roscoe Bay	3.7	0:32	
Prideaux Haven	Sarah Point	8.9	1:16	
Prideaux Haven	Schooner Cove	67.4	9:38	via Malaspina Strait
Prideaux Haven	Shoal Bay (Thurlow)	38.9	5:33	
Prideaux Haven	Toba Inlet	31.2	4:27	
Prideaux Haven	Walsh Cove, W Redonda Is.	9.9	1:25	
Prideaux Haven	Westview	27.6	3:57	
Prince Rupert	Campbell River	391.4	55:55	via Shearwater & Port Hardy
Prince Rupert	Nanaimo	468.7	66:57	via Shearwater & Port Hardy
Prince Rupert	Shearwater	183.0	26:09	
Prince Rupert	Vancouver	491.1	70:09	via Shearwater, Port Hardy & Campbell River
Prince Rupert	Victoria	535.0	76:26	via Nanaimo, Campbell River, Port Hardy, and Shearwater
Princess Louisa Chatterbox Falls	Malibu Rapids	4.1	0:35	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Princess Louisa Dock	Malibu Rapids	4.1	0:35	
Princess Louisa Inlet	Anacortes, Fidalgo Is.	146.6	20:57	via Egmont, Nanaimo and Bedwell Harbour
Princess Louisa Inlet	Cadboro Bay, Victoria	135.7	19:23	via Nanaimo and Egmont
Princess Louisa Inlet	Egmont	34.5	4:56	
Princess Louisa Inlet	French Creek	68.4	9:46	via Pender Harbour
Princess Louisa Inlet	Friday Harbor, San Juan Island	135.3	19:20	via Nanaimo and Bedwell Harbour
Princess Louisa Inlet	Harmony Islands	36.5	5:13	
Princess Louisa Inlet	Mill Bay	117.8	16:50	via Egmont and Nanaimo
Princess Louisa Inlet	Nanaimo	75.2	10:45	From Chatterbox Falls, via Egmont
Princess Louisa Inlet	Olympia	236.7	33:49	via Egmont and Nanaimo
Princess Louisa Inlet	Pender Harbour	44.9	6:25	
Princess Louisa Inlet	Port Townsend	160.6	22:57	and Chatterbox Falls
Princess Louisa Inlet	Roche Harbor, San Juan Is.	127.0	18:09	via Bedwell Harbour, Nanaimo, and Egmont
Princess Louisa Inlet	Seattle, Shilshole Bay	193.2	27:36	via Admiralty Inlet, Bedwell Harbour, Nanaimo, and
Princess Louisa Inlet	Seattle, Shilshole Bay	210.2	30:02	via Anacortes, Bedwell Harbour, Nanaimo, and Egmont
Princess Louisa Inlet	Sidney, Saanich Peninsula	120.9	17:16	via Pender Harbour and Nanaimo
Princess Louisa Inlet	Vancouver	92.3	13:11	via Pender Harbour
Princess Louisa Inlet	Victoria, Vancouver Island	144.0	20:34	
Qualicum Beach	Saltery Bay	37.6	5:22	
Reed Point Marina	False Creek	14.5	2:04	
Reed Point Marina	Point Atkinson	15.4	2:12	
Reed Point Marina	Snug Cove, Bowen Island	19.6	2:48	
Rivers Inlet	Alert Bay, Cormorant Island	81.3	11:37	
Rivers Inlet	Port Hardy	80.5	11:30	
Rivers Inlet	Sullivan Bay, N Broughton Is.	74.9	10:42	
Rivers Inlet	Vancouver	266.9	38:08	via Alert Bay, Blind Channell, and Refuge Cove
Reed Point Marina	Point Atkinson	15.4	2:12	
Refuge Cove, W Redonda Is.	Ballet Bay, Nelson Island	38.7	5:32	
Refuge Cove, W Redonda Is.	Beach Garden Marina	24.5	3:30	
Refuge Cove, W Redonda Is.	Big Bay, Stuart Island	21.2	3:02	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Refuge Cove, W Redonda Is.	Blind Channel, W. Thurlow Is.	36.9	5:16	via Gillard Pass
Refuge Cove, W Redonda Is.	Campbell River	20.8	2:58	
Refuge Cove, W Redonda Is.	Comox	34.8	4:58	via Shearwater Pasage
Refuge Cove, W Redonda Is.	Comox	34.5	4:56	via Baker Passage
Refuge Cove, W Redonda Is.	Copeland Islands	6.8	0:58	
Refuge Cove, W Redonda Is.	Cordero Lodge	34.5	4:56	via Gillard Pass
Refuge Cove, W Redonda Is.	Cortes Bay, Cortes Is.	6.4	0:55	
Refuge Cove, W Redonda Is.	Deep Bay	45.1	6:27	via Baynes Sound
Refuge Cove, W Redonda Is.	Dent Island Lodge	22.5	3:13	via Gillard Passage
Refuge Cove, W Redonda Is.	Echo Bay, Gilford Island	103.8	14:50	via Blind Channel and Havannah Channel
Refuge Cove, W Redonda Is.	Elliott Bay Marina, Seattle	201.7	28:49	via Nanaimo
Refuge Cove, W Redonda Is.	Forward Harbour	48.7	6:57	
Refuge Cove, W Redonda Is.	Friday Harbor	129.3	18:28	via Nanaimo & Bedwell Harbour
Refuge Cove, W Redonda Is.	Gillard Pass	21.2	3:02	
Refuge Cove, W Redonda Is.	Gorge Harbour, Cortes Is.	17.0	2:26	
Refuge Cove, W Redonda Is.	Grace Harbour	7.2	1:02	
Refuge Cove, W Redonda Is.	Grief Point	24.5	3:30	Beach Gardens Marina
Refuge Cove, W Redonda Is.	Heriot Bay	21.6	3:05	
Refuge Cove, W Redonda Is.	Hole In The Wall	17.5	2:30	
Refuge Cove, W Redonda Is.	Lagoon Cove, E Cracroft Is.	81.9	11:42	via Blind Channel and Havannah Channel
Refuge Cove, W Redonda Is.	Kelsey Bay	55.8	7:58	va Blind Channel
Refuge Cove, W Redonda Is.	Lund	10.0	1:26	
Refuge Cove, W Redonda Is.	Nanaimo	70.5	10:04	
Refuge Cove, W Redonda Is.	Octopus Is.	22.6	3:14	via Hole In The Wall
Refuge Cove, W Redonda Is.	Olympia	249.2	35:36	via Nanaimo
Refuge Cove, W Redonda Is.	Pender Harbour	46.0	6:34	
Refuge Cove, W Redonda Is.	Pendrell Sound	14.6	2:05	
Refuge Cove, W Redonda Is.	Port Hardy	121.6	17:22	
Refuge Cove, W Redonda Is.	Port Neville	63.0	9:00	via Blind Channel
Refuge Cove, W Redonda Is.	Prideaux Haven	8.0	1:09	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Refuge Cove, W Redonda Is.	Roche Harbor, San Juan Is.	117.4	16:46	via Nanaimo and Bedwell Harbour
Refuge Cove, W Redonda Is.	Roscoe Bay, W Redonda Is.	6.5	0:56	
Refuge Cove, W Redonda Is.	Sarah Point	4.1	0:35	
Refuge Cove, W Redonda Is.	Secret Cove	51.8	7:24	
Refuge Cove, W Redonda Is.	Shilshole Bay, Seattle	194.7	27:49	
Refuge Cove, W Redonda Is.	Shoal Bay (Thurlow)	30.2	4:19	Thurlow
Refuge Cove, W Redonda Is.	Silva Bay, Gabriola Is.	77.2	11:02	avoiding Whiskey Golf
Refuge Cove, W Redonda Is.	Squirrel Cove	3.8	0:33	
Refuge Cove, W Redonda Is.	Toba Inlet	37.3	5:20	via Homfray Channel
Refuge Cove, W Redonda Is.	Toba Wilderneck	17.0	2:26	via Waddington Channel
Refuge Cove, W Redonda Is.	Toba Wilderneck	19.5	2:47	via Deer Passage
Refuge Cove, W Redonda Is.	Vancouver	90.2	12:53	
Refuge Cove, W Redonda Is.	Von Donop Inlet	16.8	2:24	via Lewis Channel
Refuge Cove, W Redonda Is.	Walsh Cove, W Redonda Is.	13.8	1:58	
Refuge Cove, W Redonda Is.	Westview	22.7	3:15	
Refuge Cove, W Redonda Is.	Whiterock Passage	15.7	2:15	via Drew Passage
Rivers Inlet	Port Hardy	80.5	11:30	
Rivers Inlet, Dawsons Landing	Alert Bay, Comorant Is.	81.3	11:37	
Rivers Inlet, Dawsons Landing	Port Hardy	61.5	8:47	
Rivers Inlet, Dawsons Landing	Vancouver	266.9	38:08	via Alert Bay, Blind Channel & Refuge Cove
Rivers Inlet, Dawsons Landing	Sullivan Bay, N Broughton Is.	74.9	10:42	
Root Point, E Cracroft Is.	Big Bay, Stuart Island	56.6	8:05	
Root Point, E Cracroft Is.	Broken Islands	6.2	0:53	
Root Point, E Cracroft Is.	Cutter Cove	5.0	0:43	
Root Point, E Cracroft Is.	Forward Harbour	28.1	4:01	
Root Point, E Cracroft Is.	Lagoon Cove, E Cracroft Is.	5.6	0:48	
Root Point, E Cracroft Is.	Matilpi	1.3	0:11	
Root Point, E Cracroft Is.	Port Harvey	6.6	0:57	
Root Point, E Cracroft Is.	Potts Lagoon	12.4	1:46	
Roscoe Bay, W Redonda Is.	Campbell River	26.1	3:44	via Baker Passage

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Roscoe Bay, W Redonda Is.	Copeland Islands	11.5	1:39	
Roscoe Bay, W Redonda Is.	Pendrell Sound	9.1	1:18	
Roscoe Bay, W Redonda Is.	Prideaux Haven	3.7	0:32	
Roscoe Bay, W Redonda Is.	Refuge Cove, W Redonda Is.	6.5	0:56	
Roscoe Bay, W Redonda Is.	Savary Island	15.3	2:11	via Thulin Passage
Roscoe Bay, W Redonda Is.	Toba Inlet	29.3	4:11	via Waddington Channel
Roscoe Bay, W Redonda Is.	Walch Cove	8.1	1:09	via Waddington Channel
Saltery Bay	Malibu Rapids	37.6	5:22	
Saltery Bay	Qualicum Beach	35.6	5:05	
Sandheads	Porlier Pass	12.5	1:47	across Georgia Strait
Sansum Narrows	Crofton	6.7	0:57	
Sansum Narrows	Dodd Narrows	24.0	3:26	
Sansum Narrows	Genoa Bay	4.3	0:37	
Sansum Narrows	Maple Bay Marina	3.6	0:31	
Sansum Narrows	Roche Harbor, San Juan Is.	21.4	3:03	
Sansum Narrows	Telegraph Harbour, Thetis Is.	12.7	1:49	
Sansum Narrows	Victoria	39.5	5:39	via Haro Strait
Sarah Point	Cape Cockburn	35.0	5:00	via Thulin Passage
Sarah Point	Cortes Bay, Cortes Is.	3.5	0:30	
Sarah Point	Grace Harbour	5.1	0:44	
Sarah Point	Lund	6.1	0:52	via Thulin Passage
Sarah Point	Nanaimo	69.4	9:55	Avoiding WG
Sarah Point	Pender Harbour	42.9	6:08	
Sarah Point	Prideaux Haven	8.9	1:16	
Sarah Point	Refuge Cove, W Redonda Is.	4.1	0:35	
Sarah Point	Toba Wilderrest	18.1	2:35	
Saturna Island	False Creek	39.0	5:34	via Georgeson Passage
Savary Island	Campbell River	20.8	2:58	via Baker Passage
Savary Island	Comox	24.4	3:29	via Shearwater Passage
Savary Island	Copeland Islands	4.2	0:36	via Thulin Passage

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Savary Island	Cortes Bay	9.4	1:21	
Savary Island	Deep Bay	34.8	4:58	via Shearwater Passage
Savary Island	Gorge Harbour	16.0	2:17	via Baker Passage
Savary Island	Lund	2.3	0:20	
Savary Island	Pender Harbour	36.5	5:13	
Savary Island	Refuge Cove	11.6	1:39	via Thulin Passage
Savary Island	Roscoe Bay	15.3	2:11	via Thulin Passage
Savary Island	Secret Cove	42.1	6:01	
Schooner Cove	Ballenas Islands	3.7	0:32	
Schooner Cove	Ballet Bay, Nelson Island	27.8	3:58	
Schooner Cove	Comox	41.1	5:52	
Schooner Cove	Deep Bay	28.0	4:00	
Schooner Cove	Dodd Narrows	16.1	2:18	
Schooner Cove	Ford Cove, Hornby Is.	25.3	3:37	
Schooner Cove	French Creek, Vancouver Island	10.1	1:27	
Schooner Cove	Lasqueti (False Bay)	16.4	2:21	Crossing Ballenas Channel
Schooner Cove	Nanaimo	12.6	1:48	
Schooner Cove	Parksville	8.5	1:13	
Schooner Cove	Pender Harbour	22.1	3:09	
Schooner Cove	Prideaux Haven	67.4	9:38	via Malaspina Strait
Schooner Cove	Secret Cove	17.5	2:30	avoiding WG
Schooner Cove	Steveston	39.6	5:39	
Schooner Cove	Telegraph Harbour, Thetis Is.	30.8	4:24	
Schooner Cove	Westview (Powell River)	39.6	5:39	
Sechelt	Horseshoe Bay	23.6	3:22	
Secret Cove, Sunshine Coast	Ballet Bay, Nelson Island	17.5	2:30	
Secret Cove, Sunshine Coast	Beach Gardens Marina	27.6	3:57	
Secret Cove, Sunshine Coast	Blaine	62.7	8:57	via Strait of Georgia
Secret Cove, Sunshine Coast	Comox	47.3	6:45	via Sabine Channel & Baynes Sound
Secret Cove, Sunshine Coast	Copeland Islands	44.9	6:25	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Secret Cove, Sunshine Coast	Deep Bay	33.4	4:46	via Sabine Channel
Secret Cove, Sunshine Coast	Egmont	20.5	2:56	
Secret Cove, Sunshine Coast	False Bay, Lasqueti Is.	22.7	3:15	via Sabine Channel
Secret Cove, Sunshine Coast	False Creek, Vancouver	38.2	5:27	
Secret Cove, Sunshine Coast	French Creek	22.6	3:14	
Secret Cove, Sunshine Coast	Ganges, Saltspring Is.	52.2	7:27	via Porlier Pass and avoiding WG
Secret Cove, Sunshine Coast	Gibsons	23.1	3:18	
Secret Cove, Sunshine Coast	Horseshoe Bay	33.6	4:48	via Welcome Passage
Secret Cove, Sunshine Coast	Ladysmith	47.4	6:46	avoiding WG
Secret Cove, Sunshine Coast	Ladysmith	41.8	5:58	via Welcome Passage
Secret Cove, Sunshine Coast	Lund	42.5	6:04	
Secret Cove, Sunshine Coast	Nanaimo	23.3	3:20	through WG
Secret Cove, Sunshine Coast	Nanaimo	29.0	4:09	around WG
Secret Cove, Sunshine Coast	Pender Harbour	9.8	1:24	
Secret Cove, Sunshine Coast	Point Atkinson	32.4	4:38	
Secret Cove, Sunshine Coast	Point Roberts	50.5	7:13	
Secret Cove, Sunshine Coast	Porlier Pass	35.7	5:06	
Secret Cove, Sunshine Coast	Refuge Cove, W Redonda Is.	51.8	7:24	
Secret Cove, Sunshine Coast	Savary Island	42.1	6:01	
Secret Cove, Sunshine Coast	Schooner Cove, Vancouver Is.	17.5	2:30	avoiding WG
Secret Cove, Sunshine Coast	Sidney, Vancouver Island	65.7	9:23	via Nanaimo & through WG
Secret Cove, Sunshine Coast	Sidney, Vancouver Island	71.3	10:11	via Nanaimo & avoiding WG
Secret Cove, Sunshine Coast	Silva Bay, Gabriola Is.	26.1	3:44	
Secret Cove, Sunshine Coast	Snug Cove, Bowen Island	32.2	4:36	
Secret Cove, Sunshine Coast	Telegraph Harbour, Thetis Is.	40.6	5:48	
Secret Cove, Sunshine Coast	Vancouver	39.5	5:39	
Secret Cove, Sunshine Coast	Westview	29.9	4:16	
Secret Cove, Sunshine Coast	Winter Cove	54.9	7:51	via Boat Pass
Seymour Narrows	Seattle, WA	214.0	30:34	via Campbell River, Nanaimo, Bedwell Harbour, and
Shawl Bay	Belleisle Sound	14.9	2:08	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Shawl Bay	Echo Bay, Gilford Island	8.1	1:09	
Shawl Bay	Greenway Sound	8.9	1:16	
Shawl Bay	Jennis Bay	19.1	2:44	
Shawl Bay	Kelsey Bay	58.5	8:21	via Havannah Channel
Shawl Bay	Kingcome Inlet	19.1	2:44	
Shawl Bay	Kwatsi Bay	16.1	2:18	
Shawl Bay	Lagoon Cove, E Cracroft Is.	29.6	4:14	
Shawl Bay	Port McNeill	34.0	4:51	via Cramer Passage
Shawl Bay	Port McNeill	34.5	4:56	via Fife Sound
Shawl Bay	Sullivan Bay, N Broughton Is.	11.0	1:34	
Shawl Bay	Wahkana Bay	16.6	2:22	
Shearwater	Prince Rupert	183.0	26:09	
Shelter Island Marina	White Rock, Semiahmoo Bay	40.1	5:44	from the Fraser River
Shoal Bay (Thurlow)	Big Bay	10.1	1:27	
Shoal Bay (Thurlow)	Blind Channel	6.7	0:57	
Shoal Bay (Thurlow)	Chatham Point	10.8	1:33	via Nodales Channel
Shoal Bay (Thurlow)	Cordero Lodge	3.9	0:33	
Shoal Bay (Thurlow)	Forward Harbour	19.0	2:43	
Shoal Bay (Thurlow)	Gillard Passage	9.3	1:20	
Shoal Bay (Thurlow)	Octopus Islands	21.4	3:03	via Okisollo Channe
Shoal Bay (Thurlow)	Prideaux Haven	38.9	5:33	
Shoal Bay (Thurlow)	Refuge Cove, W Redonda Is.	30.2	4:19	
Shoal Bay (Thurlow)	Toba Wilderrest	26.8	3:50	via Gillard Pass and Raza Pass
Shoal Bay (Thurlow)	Whirlpool Rapids	17.4	2:29	
Sidney	Anacortes, Fidalgo Island	35.2	5:02	via Wasp Passage
Sidney	Ballet Bay, Nelson Island	81.6	11:39	via Nanaimo
Sidney	Bedwell Harbour, S. Pender Is.	9.2	1:19	
Sidney	Bellingham	42.7	6:06	
Sidney	Blaine	33.8	4:50	via Boundry Pass
Sidney	Brentwood Bay	13.5	1:56	via Iroquois Passage

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Sidney	Butchart Gardens	13.7	1:57	
Sidney	Cadboro Bay	15.0	2:09	
Sidney	Campbell River	120.7	17:15	via Nanaimo
Sidney	Clam Bay	25.5	3:39	via Sansum Narrows
Sidney	Clam Bay	25.9	3:42	via Trincomali Channel
Sidney	Conover Cove, Wallace Is.	21.1	3:01	via Captain Passage
Sidney	Cowichan Bay	11.9	1:42	
Sidney	Deception Pass	36.5	5:13	via Cordova Channel
Sidney	Deep Bay	82.3	11:45	via Nanaimo
Sidney	Deer Harbor	18.1	2:35	via Roche Harbor
Sidney	Desolation Sound	111.4	15:55	avoiding WG
Sidney	Dodd Narrows	37.9	5:25	
Sidney	Eastsound	28.1	4:01	
Sidney	Edmonds	72.5	10:21	via Admiralty Inlet
Sidney	Edmonds	82.4	11:46	via Deception Pass
Sidney	Friday Harbor, San Juan Is.	19.1	2:44	
Sidney	Fulford Harbour, Saltspring Is.	9.1	1:18	
Sidney	Gabriola Passage	35.5	5:04	
Sidney	Ganges, Saltspring Is.	15.4	2:12	
Sidney	Genoa Bay	11.7	1:40	via Iroquois Passage
Sidney	Gibsons, Sunshine Coast	50.4	7:12	via Porlier Pass
Sidney	Horseshoe Bay	52.3	7:28	via Porlier Pass
Sidney	La Conner, Swinomish Channel	43.6	6:14	via Thatcher Pass
Sidney	La Conner, Swinomish Channel	45.2	6:27	via Deception Pass
Sidney	Ladysmith	29.6	4:14	via Sansum Narrows
Sidney	Malibu Rapids	114.2	16:19	via Dodd Narrows and Nanaimo
Sidney	Mill Bay	10.0	1:26	via Iroquois Passage
Sidney	Montague Harbour	16.1	2:18	
Sidney	Nanaimo	42.0	6:00	via Dodd Narrows
Sidney	Oak Harbor, Whidbey Is.	53.8	7:41	via Deception Pass

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Sidney	Oak Harbor, Whidbey Is.	59.8	8:33	via Swinomish Channel
Sidney	Olympia	136.9	19:33	via Deception Pass
Sidney	Orcas, Orcas Island	18.5	2:39	via Poll Pass
Sidney	Otter Bay, N Pender Is.	10.1	1:27	
Sidney	Pender Harbour	74.2	10:36	via Nanaimo & S. Thormanby Is.
Sidney	Pender Harbour	76.8	10:58	via Nanaimo & avoiding WG
Sidney	Pendrell Sound	127.3	18:11	via Nanaimo
Sidney	Point Roberts	26.8	3:50	via Active Pass
Sidney	Point Roberts	28.5	4:04	via Boundry Passage
Sidney	Portland Island	5.1	0:44	
Sidney	Port Angeles	37.2	5:19	
Sidney	Port Browning, N Pender Is.	11.8	1:41	via Pender Canal
Sidney	Port Hardy	226.8	32:24	via Campbell River
Sidney	Port Townsend	43.6	6:14	
Sidney	Princess Louisa Inlet	120.9	17:16	via Nanaimo and Pender Harbour
Sidney	Reid Harbor, Stuart Is.	10.2	1:27	
Sidney	Roche Harbor, San Juan Is.	10.4	1:29	
Sidney	Rosario, Orcas Island	25.3	3:37	
Sidney	Secret Cove, Sunshine Coast	65.7	9:23	via Nanaimo & through WG
Sidney	Secret Cove, Sunshine Coast	71.3	10:11	via Nanaimo & avoiding WG
Sidney	Sequim	39.7	5:40	
Sidney	Shilshole Bay, Seattle	74.8	10:41	
Sidney	Silva Bay, Gabriola Is.	37.8	5:24	
Sidney	Seattle, WA	78.7	11:15	To Bell St. Marina, Seattle
Sidney	Steveston, Lulu Island	35.3	5:03	via Active Pass
Sidney	Tacoma, WA	114.1	16:18	via Friday harbor and Shilshole Bay
Sidney	Telegraph Harbour, Thetis Is.	25.7	3:40	
Sidney	Toba Inlet	149.3	21:20	via Nanaimo
Sidney	Tsehum Harbour	1.6	0:14	
Sidney	Vancouver	49.1	7:01	via Active Pass

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Sidney	Vancouver	54.5	7:47	via Porlier Pass
Sidney	White Rock	33.4	4:46	
Sidney	Winter Cove	16.4	2:21	
Silva Bay, Gabriola Is.	Bedwell Harbour, S. Pender Is.	37.2	5:19	
Silva Bay, Gabriola Is.	Bellingham	68.4	9:46	via Bedwell Harbour
Silva Bay, Gabriola Is.	Chemainus	15.0	2:09	via Gabriola Passage
Silva Bay, Gabriola Is.	Comox	60.0	8:34	via Baynes Sound
Silva Bay, Gabriola Is.	Conover Cove, Wallace Is.	17.2	2:27	
Silva Bay, Gabriola Is.	Deer Harbor, Orcas Is.	48.3	6:54	via Bedwell Harbour
Silva Bay, Gabriola Is.	Gabriola Passage	3.2	0:27	
Silva Bay, Gabriola Is.	Ganges, Saltspring Is.	27.7	3:57	
Silva Bay, Gabriola Is.	Gibsons	17.5	2:30	
Silva Bay, Gabriola Is.	Horseshoe Bay	22.8	3:15	
Silva Bay, Gabriola Is.	Montague Harbour	22.3	3:11	
Silva Bay, Gabriola Is.	Nanaimo	15.1	2:09	via Dodd Narrows
Silva Bay, Gabriola Is.	Nanaimo	12.0	1:43	via Entrance Island
Silva Bay, Gabriola Is.	Nanoose Harbour	19.8	2:50	via Forwood Channel
Silva Bay, Gabriola Is.	Otter Bay, N Pender Is.	28.9	4:08	
Silva Bay, Gabriola Is.	Pender Harbour	34.3	4:54	Avoiding WG
Silva Bay, Gabriola Is.	Point Atkinson	20.5	2:56	Across Strait of Georgia
Silva Bay, Gabriola Is.	Point Roberts	28.0	4:00	Across Strait of Georgia
Silva Bay, Gabriola Is.	Refuge Cove, W Redonda Is.	77.2	11:02	avoiding Whiskey Golf
Silva Bay, Gabriola Is.	Secret Cove	26.1	3:44	
Silva Bay, Gabriola Is.	Sidney, Vancouver Is.	37.8	5:24	
Silva Bay, Gabriola Is.	Smuggler Cove	25.1	3:35	Crossing Strait of Georgia
Silva Bay, Gabriola Is.	Vancouver, Coal Harbour	27.2	3:53	
Silva Bay, Gabriola Is.	Winter Cove	29.0	4:09	via Boat Pass & Georgia Strait
Silva Bay, Gabriola Is.	Winter Cove	32.4	4:38	via Navy Channel & Gabriola Pass
Simoom Sound	Belleisle Sound	20.7	2:57	
Simoom Sound	Echo Bay, Gilford Island	8.1	1:09	from McIntosh Bay

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Simoom Sound	Kelsey Bay	56.9	8:08	via Havannah Channel
Simoom Sound	Kwatsi Bay	15.2	2:10	from McIntosh Bay
Simoom Sound	Lagoon Cove, E Cracroft Is.	34.2	4:53	from McIntosh Bay
Simoom Sound	Minstrel Is.	31.7	4:32	via Tribune Channel
Simoom Sound	Sullivan Bay, N Broughton Is.	16.8	2:24	
Smuggler Cove	Blaine	62.9	8:59	
Smuggler Cove	Silva Bay, Gabriola Is.	25.1	3:35	Crossing Strait of Georgia
Snug Cove, Bowen Island	Blaine	44.2	6:19	
Snug Cove, Bowen Island	False Creek	10.3	1:28	
Snug Cove, Bowen Island	Gibsons	10.7	1:32	
Snug Cove, Bowen Island	Horseshoe Bay, Vancouver	2.6	0:22	
Snug Cove, Bowen Island	Nanaimo	29.0	4:09	Crossing Strait of Georgia
Snug Cove, Bowen Island	Point Roberts	31.0	4:26	
Snug Cove, Bowen Island	Porlier Pass	25.1	3:35	
Snug Cove, Bowen Island	Reed Point Marina, Port Moody	19.6	2:48	
Snug Cove, Bowen Island	Secret Cove	32.2	4:36	
Snug Cove, Bowen Island	Silva Bay, Gabriola Island	21.4	3:03	Crossing Strait of Georgia
Snug Cove, Bowen Island	Steveston, Lulu Is.	22.3	3:11	
Snug Cove, Bowen Island	Tribune Bay, Hornby Island	55.4	7:55	
Snug Cove, Bowen Island	Vancouver, Coal Harbour	12.1	1:44	
Snug Cove, Bowen Island	White Rock, Semiahmoo Bay	42.8	6:07	
Sointula, Malcolm Is.	Alert Bay	6.1	0:52	
Sointula, Malcolm Is.	Campbell River	85.7	12:15	
Sointula, Malcolm Is.	Lagoon Cove	30.6	4:22	via Knight Inlet
Sointula, Malcolm Is.	Nanaimo	168.3	24:03	
Sointula, Malcolm Is.	Port McNeill	3.7	0:32	
Sooke, Vancouver Island	Anacortes	52.9	7:33	
Squamish, Howe Sound	Campbell River	107.1	15:18	
Squirrel Cove	Ballet Bay, Nelson Island	40.4	5:46	
Squirrel Cove	Blind Channel, W. Thurlow Is.	36.6	5:14	via Gillard Pass

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Squirrel Cove	Comox, Vancouver Is.	36.0	5:09	via Baker Passage
Squirrel Cove	Cortes Bay, Cortes Is.	7.8	1:07	
Squirrel Cove	Gorge Harbour, Cortes Is.	18.6	2:39	via Baker Passage
Squirrel Cove	Pendrell Sound	17.3	2:28	
Squirrel Cove	Refuge Cove, W Redonda Is.	3.8	0:33	
Squirrel Cove	Westview	24.5	3:30	via Thulin Passage
Steveston, Lulu Island	Active Pass	20.4	2:55	Crossing Strait of Georgia
Steveston, Lulu Island	Anacortes	54.1	7:44	
Steveston, Lulu Island	Ballet Bay	59.1	8:27	
Steveston, Lulu Island	Campbell River	104.8	14:58	
Steveston, Lulu Island	Comox	80.2	11:27	via Baynes Sound
Steveston, Lulu Island	Cornet Bay	60.8	8:41	via Bellingham Channel
Steveston, Lulu Island	Gibsons	25.5	3:39	
Steveston, Lulu Island	Mill Bay, Vancouver Is.	37.8	5:24	via Active Pass
Steveston, Lulu Island	Montague Harbour, Galiano Is.	29.2	4:10	via Porlier Pass
Steveston, Lulu Island	Nanaimo	32.3	4:37	via Entrance Is.
Steveston, Lulu Island	Otter Bay, N. Pender Is.	26.2	3:45	via Active Pass
Steveston, Lulu Island	Otter Bay, N. Pender Is.	36.5	5:13	via Porlier Pass
Steveston, Lulu Island	Pender Harbour	50.9	7:16	via Welcome Passage
Steveston, Lulu Island	Point Roberts	20.3	2:54	
Steveston, Lulu Island	Port Hardy	210.8	30:07	
Steveston, Lulu Island	Schooner Cove	39.6	5:39	
Steveston, Lulu Island	Secret Cove	42.5	6:04	via Welcome Passage
Steveston, Lulu Island	Sidney, Vancouver Island	35.3	5:03	via Active Pass
Steveston, Lulu Island	Snug Cove, Bowen Is.	22.3	3:11	
Sturt Bay, Texada Island	Ballet Bay, Nelson Island	15.5	2:13	
Sturt Bay, Texada Island	Beach Gardens Marina	3.0	0:26	
Sturt Bay, Texada Island	Blubber Bay	4.7	0:40	
Sullivan Bay, N Broughton Is.	Alert Bay	28.1	4:01	via Wells Passage
Sullivan Bay, N Broughton Is.	Belleisle Sound	21.2	3:02	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Sullivan Bay, N Broughton Is.	Big Bay	92.5	13:13	via Wells Passage
Sullivan Bay, N Broughton Is.	Blind Channel, W. Thurlow Is.	85.2	12:10	via Chatham Channel and Tribune Channel
Sullivan Bay, N Broughton Is.	Dawsons Landing	74.9	10:42	
Sullivan Bay, N Broughton Is.	Echo Bay, Gilford Island	16.5	2:21	
Sullivan Bay, N Broughton Is.	Eden Island	20.1	2:52	
Sullivan Bay, N Broughton Is.	Elliott Bay Marina, Seattle	296.5	42:21	via Campbell River, Nanaimo, and Bedwell Harbour
Sullivan Bay, N Broughton Is.	Greenway Sound	6.9	0:59	
Sullivan Bay, N Broughton Is.	Jennis Bay	8.4	1:12	
Sullivan Bay, N Broughton Is.	Kingcome Inlet	25.3	3:37	
Sullivan Bay, N Broughton Is.	Kwatsi Bay	24.6	3:31	
Sullivan Bay, N Broughton Is.	Lagoon Cove	42.4	6:03	via Tribune Channel
Sullivan Bay, N Broughton Is.	Laura Bay	13.0	1:51	
Sullivan Bay, N Broughton Is.	Mackenzie Sound	12.8	1:50	via Kenneth Passage
Sullivan Bay, N Broughton Is.	Nanaimo	187.2	26:45	via Big Bay
Sullivan Bay, N Broughton Is.	Nimmo Bay	12.0	1:43	
Sullivan Bay, N Broughton Is.	Nimmo Bay Resort	11.5	1:39	
Sullivan Bay, N Broughton Is.	Olympia	351.5	50:13	via Nanaimo and Big Bay
Sullivan Bay, N Broughton Is.	Port Hardy	29.1	4:09	
Sullivan Bay, N Broughton Is.	Port McNeill	27.0	3:51	via Wells Passage
Sullivan Bay, N Broughton Is.	Rivers Inlet, Dawsons Landing	74.9	10:42	
Sullivan Bay, N Broughton Is.	Shawl Bay	11.0	1:34	
Sullivan Bay, N Broughton Is.	Simoom Sound	16.8	2:24	
Sullivan Bay, N Broughton Is.	Wahkana Bay	24.9	3:33	
Surge Narrows	Campbell River	107.1	15:18	
Surge Narrows	Heriot Bay	8.6	1:14	From Beazley Pass
Surge Narrows	Hole In The Wall	5.6	0:48	West end to Beazley Pass
Surge Narrows	Octopus Islands	5.6	0:48	From Beazley Pass
Surge Narrows	Whaletown, Cortes Island	10.7	1:32	
Swartz Bay	Bedwell Harbour	8.9	1:16	
Swartz Bay	Ganges, Saltspring Is.	13.9	1:59	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Swartz Bay	Tod Inlet, Buchart Gardens	11.4	1:38	
Telegraph Cove	Alert Bay, Cormorant Is.	4.9	0:42	
Telegraph Cove	Bellingham	224.3	32:03	
Telegraph Cove	Bones Bay Lodge	19.2	2:45	
Telegraph Cove	Campbell River	76.8	10:58	
Telegraph Cove	Echo Bay, Gilford Island	19.8	2:50	
Telegraph Cove	Lagoon Cove, E Cracroft Is.	21.2	3:02	via Baronet Passage
Telegraph Cove	Nanaimo	154.5	22:04	via Campbell River
Telegraph Cove	Port Angeles	227.6	32:31	via Campbell River and Nanaimo
Telegraph Cove	Port Harvey	23.8	3:24	
Telegraph Cove	Potts Lagoon, W Cracroft Is.	15.1	2:09	via Baronet Passage
Telegraph Cove	Sullivan Bay	26.5	3:47	via Wells Passage
Telegraph Harbour, Thetis Is.	Anacortes, WA	59.1	8:27	via Bedwell Harbour
Telegraph Harbour, Thetis Is.	Bedwell Harbour, S. Pender Is.	27.4	3:55	
Telegraph Harbour, Thetis Is.	Bellingham	60.9	8:42	
Telegraph Harbour, Thetis Is.	Blakely Island Marina	47.4	6:46	via Bedwell Harbour
Telegraph Harbour, Thetis Is.	Brentwood Bay	26.3	3:45	via Sansum Narrows
Telegraph Harbour, Thetis Is.	Chemainus	3.8	0:33	
Telegraph Harbour, Thetis Is.	Clam Bay	8.9	1:16	via S. of Kuper Island
Telegraph Harbour, Thetis Is.	Clam Bay	9.6	1:22	via N. of Thetis Island
Telegraph Harbour, Thetis Is.	Conover Cove, Wallace Is.	8.6	1:14	Wallace Island
Telegraph Harbour, Thetis Is.	Dodd Narrows	13.3	1:54	
Telegraph Harbour, Thetis Is.	Friday Harbor, San Juan Is.	41.7	5:57	via Trincomali Channel
Telegraph Harbour, Thetis Is.	Friday Harbor, San Juan Is.	42.0	6:00	via Sansum Narrows
Telegraph Harbour, Thetis Is.	Ganges, Saltspring Is.	32.7	4:40	via Sansum Narrows
Telegraph Harbour, Thetis Is.	Ganges, Saltspring Is.	20.3	2:54	via Houstoun Passage
Telegraph Harbour, Thetis Is.	Maple Bay	11.9	1:42	
Telegraph Harbour, Thetis Is.	Montague Harbour	15.5	2:13	via Houstoun Passage
Telegraph Harbour, Thetis Is.	Montague Harbour	20.5	2:56	via North end Thetis Is.
Telegraph Harbour, Thetis Is.	Nanaimo	18.5	2:39	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Telegraph Harbour, Thetis Is.	Otter Bay, N Pender Is.	21.4	3:03	
Telegraph Harbour, Thetis Is.	Pender Harbour	49.6	7:05	via Nanaimo thru Whisky Golf
Telegraph Harbour, Thetis Is.	Pender Harbour	52.2	7:27	via Nanaimo avoiding Whiskey Golf
Telegraph Harbour, Thetis Is.	Porlier Pass	10.3	1:28	either directionl
Telegraph Harbour, Thetis Is.	Port Browning, N Pender Is.	26.2	3:45	via Navy Channel
Telegraph Harbour, Thetis Is.	Rosario, Orcas Island	49.4	7:03	via Bedwell Harbour
Telegraph Harbour, Thetis Is.	Sansum Narrows	12.7	1:49	
Telegraph Harbour, Thetis Is.	Schooner Cove	30.8	4:24	
Telegraph Harbour, Thetis Is.	Sidney	25.7	3:40	
Telegraph Harbour, Thetis Is.	Secret Cove	40.6	5:48	
Thunder Bay	Gorge Harbour, Cortes Is.	43.1	6:09	via Baker Passage
Thunder Bay	Harmony Islands	13.1	1:52	In Hotham Sound
Thunder Bay	Pender Harbour	14.3	2:03	via Malaspina Strait
Thurston Bay Marine Park	Blind Channel	13.9	1:59	
Thurston Bay Marine Park	Owen Bay	14.6	2:05	
Toba Inlet	Big Bay, Stuart Island	36.8	5:15	end of inlet
Toba Inlet	Campbell River	52.6	7:31	via Deer Pass
Toba Inlet	Campbell River	56.1	8:01	via Waddington Channe
Toba Inlet	Octopus Is.	38.3	5:28	end of inlet
Toba Inlet	Prideaux Haven	30.9	4:25	via Homfray Channel
Toba Inlet	Refuge Cove, W Redonda Is.	37.3	5:20	via Homfray Channel
Toba Inlet	Refuge Cove, W Redonda Is.	35.0	5:00	via Waddington Channel
Toba Inlet	Roscoe Bay, W Redonda Is.	29.3	4:11	via Waddington Channel
Toba Inlet	Sidney	149.3	21:20	via Nanaimo
Toba Inlet	Walsh Cove, W Redonda Is.	22.7	3:15	
Toba Wildernest	Big Bay	17.6	2:31	via Raza Pass
Toba Wildernest	Big Bay	18.9	2:42	via Deer Pass
Toba Wildernest	Campbell River	33.1	4:44	via Deer Pass
Toba Wildernest	Campbell River	36.6	5:14	via Waddington Channel
Toba Wildernest	Cordero Lodge	30.6	4:22	via Gillard Pass

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Toba Wilderndest	Cortes Bay	21.8	3:07	via Waddington Channel
Toba Wilderndest	Gillard Passage	17.5	2:30	via Raza Pass
Toba Wilderndest	Nanaimo	93.1	13:18	via Prideaux Haven
Toba Wilderndest	Octopus Islands	19.2	2:45	
Toba Wilderndest	Refuge Cove, W Redonda Is.	17.0	2:26	via Waddington Channel
Toba Wilderndest	Refuge Cove, W Redonda Is.	19.5	2:47	via Deer Passage
Toba Wilderndest	Sarah Point	18.1	2:35	via Waddington Channel
Toba Wilderndest	Shawl Bay	26.8	3:50	via Raza Pass
Toba Wilderndest	Walsh Cove, W Redonda Is.	4.0	0:34	
Tribune Bay, Hornby Is.	Comox	21.5	3:04	via Baynes Sound
Tribune Bay, Hornby Is.	Deep Bay, Vancouver Island	8.3	1:11	
Tribune Bay, Hornby Is.	Egmont	42.3	6:03	via Sabine Channel
Tribune Bay, Hornby Is.	French Creek	15.2	2:10	
Tribune Bay, Hornby Is.	Ganges, Saltspring Is.	69.5	9:56	via Nanaimo
Tribune Bay, Hornby Is.	Nanaimo	36.5	5:13	
Tribune Bay, Hornby Is.	Parksville	17.2	2:27	
Tribune Bay, Hornby Is.	Snug Cove, Bowen Island	55.4	7:55	
Tribune Bay, Hornby Is.	White Rock, Semiahmoo Bay	81.8	11:41	via Ballenas Channel
Tsehum Harbour	Bedwell Harbour	9.0	1:17	
Tsehum Harbour	Brentwood Bay	12.9	1:51	
Tsehum Harbour	Chemainus	23.1	3:18	
Tsehum Harbour	Conover Cove, Wallace Is.	20.3	2:54	
Tsehum Harbour	Cowichan Bay	11.0	1:34	
Tsehum Harbour	Dodd Narrows	36.8	5:15	
Tsehum Harbour	Genoa Bay	10.9	1:33	via Page Passage
Tsehum Harbour	Maple Bay	17.6	2:31	
Tsehum Harbour	Otter Bay, N Pender Is.	9.6	1:22	
Tsehum Harbour	Sidney	1.6	0:14	
Tsehum Harbour	Victoria	25.0	3:34	
Tumbo Island	Bedwell Harbour	14.1	2:01	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Vancouver	Active Pass	34.1	4:52	
Vancouver	Anacortes, WA	69.5	9:56	via Point Roberts
Vancouver	Bellingham, WA	64.9	9:16	
Vancouver	Blaine, WA	45.7	6:32	via Point Roberts
Vancouver	Campbell River	97.9	13:59	via Sabine Channel
Vancouver	Chatterbox Falls	92.3	13:11	via Pender Harbour
Vancouver	Comox	77.0	11:00	via Sabine Channel
Vancouver	Desolation Sound	86.0	12:17	via Malaspina Strait
Vancouver	Egmont	58.3	8:20	
Vancouver	Friday Harbor, San Juan Island	59.4	8:29	
Vancouver	Ganges, Saltspring Is.	42.5	6:04	via Active Pass
Vancouver	Gibsons	19.9	2:51	
Vancouver	Ford's Cove, Hornby Is.	64.1	9:09	
Vancouver	La Conner, Swinomish Channel	76.8	10:58	
Vancouver	Nanaimo	35.6	5:05	Crossing Strait of Georgia
Vancouver	Olympia, WA	197.4	28:12	via Silva Bay & Deception Pass
Vancouver	Pender Harbour	47.5	6:47	
Vancouver	Point Roberts	32.6	4:39	
Vancouver	Port Hardy	203.7	29:06	via Campbell River
Vancouver	Port McNeill	184.6	26:22	via Campbell River
Vancouver	Port Moody	9.3	1:20	
Vancouver	Prince Rupert	491.1	70:09	via Campbell River, Port Hardy & Shearwater
Vancouver	Princess Louisa Inlet	92.3	13:11	via Pender Harbour
Vancouver	Refuge Cove, W Redonda Is.	90.2	12:53	
Vancouver	Rivers Inlet	266.9	38:08	via Refuge Cove, Blind Channel, and Alert Bay
Vancouver	Roche Harbor, San Juan Is.	53.8	7:41	via Active Pass
Vancouver	Seattle, WA	121.6	17:22	To Shilshole Bay, Seattle via Rosario Strait
Vancouver	Secret Cove	39.0	5:34	
Vancouver	Sidney	49.1	7:01	via Active Pass
Vancouver	Sidney	54.5	7:47	via Porlier Pass

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Vancouver	Silva Bay, Gabriola Is.	27.2	3:53	from Coal Harbour
Vancouver	Sucia Island	48.9	6:59	
Vancouver	Victoria	69.9	9:59	via Active Pass
Vancouver, Coal Harbour	Gibsons	19.9	2:51	
Vancouver, Coal Harbour	Port McNeill	184.6	26:22	via Campbell River
Vancouver, Coal Harbour	Snug Cove, Bowen Island	12.1	1:44	
Vesuvius, Saltspring Island	Crofton	2.7	0:23	
Victoria, Vancouver Island	Anacortes	38.1	5:27	
Victoria, Vancouver Island	Bellingham	50.3	7:11	
Victoria, Vancouver Island	Cadboro Bay	9.2	1:19	via Mayor Channel
Victoria, Vancouver Island	Canoe Cove	24.5	3:30	via Iroquois Pass
Victoria, Vancouver Island	Chatterbox Falls, Princess Louisa	143.3	20:28	
Victoria, Vancouver Island	Cornet Bay, Whidbey Is.	33.2	4:45	via Deception Pass
Victoria, Vancouver Island	Couville, Whidbey Is.	51.4	7:21	via Deception Pass
Victoria, Vancouver Island	Deer Harbor, Orcas Is.	29.8	4:15	via Haro Strait
Victoria, Vancouver Island	Deception Pass	32.2	4:36	
Victoria, Vancouver Island	Desolation Sound	135.7	19:23	via Nanaimo
Victoria, Vancouver Island	Dodd Narrows	60.9	8:42	via Trincomali Channel
Victoria, Vancouver Island	Edmonds	58.8	8:24	
Victoria, Vancouver Island	Elliott Bay Marina, Seattle	68.3	9:45	
Victoria, Vancouver Island	Everett	68.4	9:46	via Deception Pass
Victoria, Vancouver Island	False Creek, Vancouver	77.4	11:03	via Porlier Pass
Victoria, Vancouver Island	Fishermans Cove, West Vancouver	94.3	13:28	via Nanaimo
Victoria, Vancouver Island	French Creek	88.7	12:40	via Nanaimo
Victoria, Vancouver Island	Friday Harbor, San Juan Is.	27.7	3:57	via Cattle Point
Victoria, Vancouver Island	Ganges, Saltspring Is.	37.9	5:25	via Sidney Channel
Victoria, Vancouver Island	Gig Harbor	88.5	12:39	via Port Townsend
Victoria, Vancouver Island	Ladysmith	54.6	7:48	via Sansum Narrows
Victoria, Vancouver Island	La Conner, Swinomish Channel	41.1	5:52	
Victoria, Vancouver Island	Lopez Island, Fisherman Bay	26.8	3:50	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Victoria, Vancouver Island	Lund	128.2	18:19	via Nanaimo
Victoria, Vancouver Island	Maple Bay	37.7	5:23	via Iroquois Passage
Victoria, Vancouver Island	Montague Harbour	38.8	5:33	
Victoria, Vancouver Island	Nanaimo	66.3	9:28	via Trincomali Channel
Victoria, Vancouver Island	Oak Bay, Vancouver Is.	7.4	1:03	via Enterprise Channel
Victoria, Vancouver Island	Oak Harbor, Whidbey Is.	51.5	7:21	via Deception Pass
Victoria, Vancouver Island	Olympia	115.5	16:30	via Port Townsend
Victoria, Vancouver Island	Pleasant Harbor, Hood Canal	71.7	10:15	via Port Townsend
Victoria, Vancouver Island	Point Roberts	46.2	6:36	via Boundary Passage
Victoria, Vancouver Island	Port Angeles	20.4	2:55	
Victoria, Vancouver Island	Port Hardy	248.6	35:31	via Nanaimo & Campbell River
Victoria, Vancouver Island	Port Ludlow	47.4	6:46	
Victoria, Vancouver Island	Port Orchard	77.2	11:02	via Port Townsend
Victoria, Vancouver Island	Port Townsend	35.0	5:00	
Victoria, Vancouver Island	Poulsbo, Liberty Bay	72.9	10:25	via Port Townsend
Victoria, Vancouver Island	Princess Louisa Inlet	144.0	20:34	
Victoria, Vancouver Island	Prince Rupert	535.0	76:26	via Nanaimo, Port Hardy, and Shearwater
Victoria, Vancouver Island	Roche Harbor	22.5	3:13	
Victoria, Vancouver Island	Rosario	34.3	4:54	
Victoria, Vancouver Island	Sansum Narrows	39.5	5:39	via Haro Strait
Victoria, Vancouver Island	Seattle	66.6	9:31	via Port Townsend
Victoria, Vancouver Island	Sequim	28.7	4:06	
Victoria, Vancouver Island	Sucia Island	34.5	4:56	via Roche Harbor using Mosquito Passage
Victoria, Vancouver Island	Tacoma	113.1	16:09	via Deception Pass
Victoria, Vancouver Island	Tsehum Harbour	25.0	3:34	
Victoria, Vancouver Island	Vancouver	69.9	9:59	via Active Pass
Von Donop Inlet	Octopus Islands	18.5	2:39	via Hole In The wall
Von Donop Inlet	Octopus Islands	21.5	3:04	via Surge Narrows
Von Donop Inlet	Refuge Cove, W Redonda Is.	16.8	2:24	via Lewis Channel
Waddington Bay, Bonwick Is.	Echo Bay, Gilford Island	5.5	0:47	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Waddington Bay, Bonwick Is.	Eden Island	4.6	0:39	
Waddington Bay, Bonwick Is.	Lagoon Cove, E Cracroft Is.	18.4	2:38	
Wahkana Bay, Gilford Is.	Minstrel Is.	19.4	2:46	
Wahkana Bay, Gilford Is.	Shawl Bay	16.6	2:22	
Wahkana Bay, Gilford Is.	Sullivan Bay, N Broughton Is.	24.9	3:33	
Walsh Cove, W Redonda Is.	Big Bay, Stuart Island	19.4	2:46	
Walsh Cove, W Redonda Is.	Campbell River, Vancouver Is.	33.2	4:45	via Baker Passage
Walsh Cove, W Redonda Is.	Copeland Islands	18.1	2:35	
Walsh Cove, W Redonda Is.	Heriot Bay, Quadra Island	24.8	3:33	via Deer Pass
Walsh Cove, W Redonda Is.	Octopus Is.	21.0	3:00	via Hole In The Wall
Walsh Cove, W Redonda Is.	Pendrell Sound	10.9	1:33	
Walsh Cove, W Redonda Is.	Prideaux Haven	9.9	1:25	
Walsh Cove, W Redonda Is.	Refuge Cove, W Redonda Is.	13.8	1:58	
Walsh Cove, W Redonda Is.	Roscoe Bay	8.1	1:09	
Walsh Cove, W Redonda Is.	Toba Inlet	22.7	3:15	
Walsh Cove, W Redonda Is.	Toba Wildernest	4.0	0:34	
Westview (by Powell River)	Anacortes	113.4	16:12	
Westview (by Powell River)	Ballet Bay, Nelson Island	16.8	2:24	
Westview (by Powell River)	Beach Garden Marina	2.5	0:21	
Westview (by Powell River)	Bedwell Harbour, S. Pender Is.	91.7	13:06	via Nanaimo and avoiding WG
Westview (by Powell River)	Campbell River	31.2	4:27	
Westview (by Powell River)	Comox	21.4	3:03	
Westview (by Powell River)	Copeland Islands	15.3	2:11	
Westview (by Powell River)	Cortes Bay	21.1	3:01	
Westview (by Powell River)	Deep Bay	29.2	4:10	via Algerine Passage
Westview (by Powell River)	Egmont	28.0	4:00	
Westview (by Powell River)	Ford Cove, Hornby Is.	24.8	3:33	via Algerine Passage
Westview (by Powell River)	Gorge Harbour	28.2	4:02	via Baker Passage
Westview (by Powell River)	Hornby Island	24.8	3:33	via Algerine Passage
Westview (by Powell River)	Lund	13.0	1:51	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
Westview (by Powell River)	Nanaimo	51.6	7:22	avoiding WG
Westview (by Powell River)	Otter Bay, N. Pender Island	86.6	12:22	via Nanaimo
Westview (by Powell River)	Pender Harbour	24.6	3:31	
Westview (by Powell River)	Prideaux Haven	27.6	3:57	
Westview (by Powell River)	Refuge Cove, W Redonda Is.	22.7	3:15	
Westview (by Powell River)	Schooner Cove	39.6	5:39	
Westview (by Powell River)	Secret Cove	29.9	4:16	
Westview (by Powell River)	Squirrel Cove	24.5	3:30	via Thulin Passage
Whaletown, Cortes Is.	Campbell River, Vancouver Is.	15.0	2:09	
Whaletown, Cortes Is.	Heriot Bay, Quadra Is.	6.5	0:56	
Whaletown, Cortes Is.	Octopus Islands	15.5	2:13	via Beazley Passage
Whaletown, Cortes Is.	Surge Narrows, Read Island	10.7	1:09	
Whirlpool Rapids	Blind Channel, W. Thurlow Is.	13.0	1:51	
Whirlpool Rapids	Forward Harbour	1.8	0:15	Douglas Bay
Whirlpool Rapids	Gillard Passage	26.3	3:45	
Whirlpool Rapids	Port Neville	13.6	1:57	
Whirlpool Rapids	Shoal Bay (Thurlow)	17.4	2:29	
White Rock Passage	Hole In The Wall	5.8	0:50	Between Maurelle Is. and Read Is.
White Rock Passage	Refuge Cove, W Redonda Is.	15.7	2:15	via Drew Passage
White Rock, Semiahmoo Bay	Bedwell Harbour	25.9	3:42	via Boundary Passage
White Rock, Semiahmoo Bay	Anacortes, Fidalgo Island	33.8	4:50	
White Rock, Semiahmoo Bay	Friday Harbor	31.2	4:27	
White Rock, Semiahmoo Bay	Lyall Harbour, Saturna Is.	21.7	3:06	via Boat Pass
White Rock, Semiahmoo Bay	Nanaimo	50.7	7:15	
White Rock, Semiahmoo Bay	Otter Bay	31.9	4:33	via Boundry Passage
White Rock, Semiahmoo Bay	Point Roberts	11.8	1:41	
White Rock, Semiahmoo Bay	Porlier Pass	32.3	4:37	
White Rock, Semiahmoo Bay	Port Browning, N Pender Is.	25.0	3:34	via Boat Pass
White Rock, Semiahmoo Bay	Shelter Island Marina	40.1	5:44	on the Fraser River
White Rock, Semiahmoo Bay	Sidney, Vanouver Is.	33.4	4:46	

**Cruising Distances in the Pacific Northwest From Canadian Ports**

		Speed=	7	knots
<b>From</b>	<b>To</b>	<b>Nautical Miles</b>	<b>Hr:Min</b>	<b>Remarks</b>
White Rock, Semiahmoo Bay	Snug Cove, Bowen Is.	42.8	6:07	
White Rock, Semiahmoo Bay	Tribune Bay, Hornby Island	81.8	11:41	via Ballenas Channel
Winter Cove, Saturna Is.	Bedwell Harbour, S. Pender Is.	6.6	0:57	
Winter Cove, Saturna Is.	Chemainus	24.4	3:29	via Houstoun Passage
Winter Cove, Saturna Is.	Point Roberts	11.3	1:37	via Boat Pass
Winter Cove, Saturna Is.	Port Browning, N Pender Is.	5.4	0:46	
Winter Cove, Saturna Is.	Secret Cove	54.9	7:51	
Winter Cove, Saturna Is.	Sidney	16.4	2:21	
Winter Cove, Saturna Is.	Silva Bay, Gabriola Is.	29.0	4:09	via Boat Pass & Georgia Strait
Winter Cove, Saturna Is.	Silva Bay, Gabriola Is.	32.4	4:38	via Navy Channel & Gabriola Pass
Winter Cove, Saturna Is.	White Rock, Boundry Bay	19.6	2:48	via Boat Pass
Zephine Head	Grace Harbour	4.1	0:35	on Malaspina Inlet